

Haifa

Our Lady of Mount Carmel Carmelite Monastery



1. [Entrance Plaza](#)
2. [Church](#)
3. [Convent](#)
4. [From the Archives](#)

Note :

- All Biblical quotes are based on the New Revised Standard Version
- The following abbreviations are used :
 - B. – Blessed
 - Fr. - Friar
 - St. – Saint
 - V. - Venerable

Entrance Plaza

Street View



Tchernichovsky Street - Wall built on the bedrock*



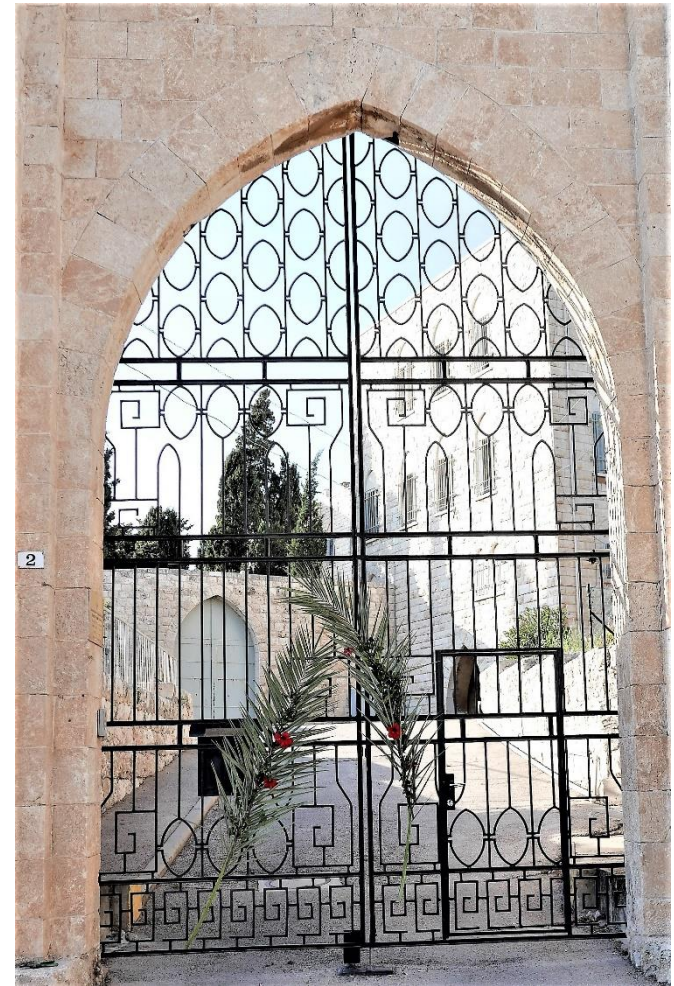
November 2nd Street - Bell tower

Main Entrance*

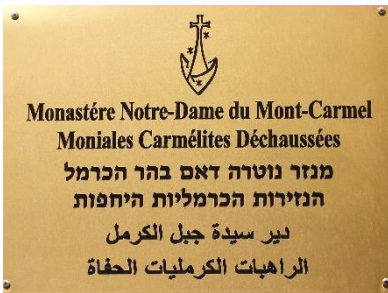
* Tchernichovsky Street



View from within the compound



View from the street



Main Entrance – Rooftop View



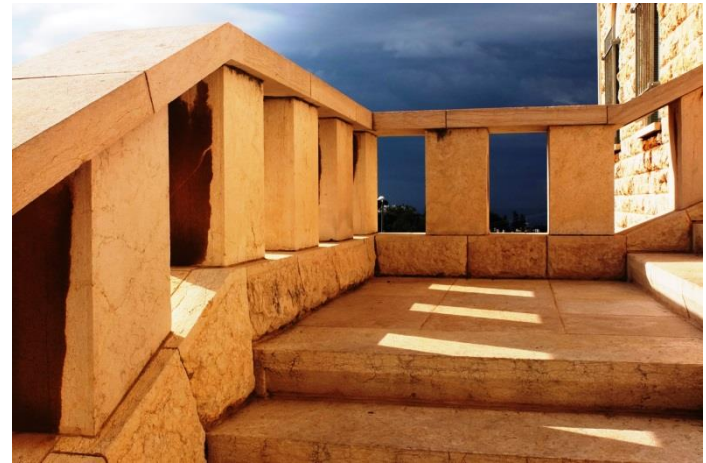
Around the Garden



Entrance to the convent



Main building



Main building - Staircase

Church – Southern Façade*

* The stone reliefs were sculpted by the French artist Roger de Villiers



Church – Southern Façade Medallions



Queen of Martyrs
Devotional title of Mary



Star of the Sea
Devotional title of Mary



Ark of the Covenant
Devotional title of Mary



*Dove came back...in its beak
was a freshly plucked olive
leaf (Genesis 8, 11)*



Jerusalem Cross



*A garden locked
(Song of Songs 4, 12)**

Church – Southern Façade Medallions



Peace
Olive leaf



I have set my bow in the clouds
(Genesis 9, 13)

Church – Eastern Façade*

* The stone reliefs were sculpted by the French artist Roger de Villiers



Church – Eastern Façade Medallions



Maria Regina
Mary the Queen



Domus Aurea, Antioch*



Ship
Symbol of the Church



Triumphant Lamb



Iesus Hominum Salvator
Jesus Savior of Men



Spear, Shroud, Sponge
Symbols of the Crucifixion

Church – Eastern Façade Medallions



My soul magnifies the LORD (Luke 1, 46)

Church – Eastern Façade

Our Lady of Mount Carmel

Scapular

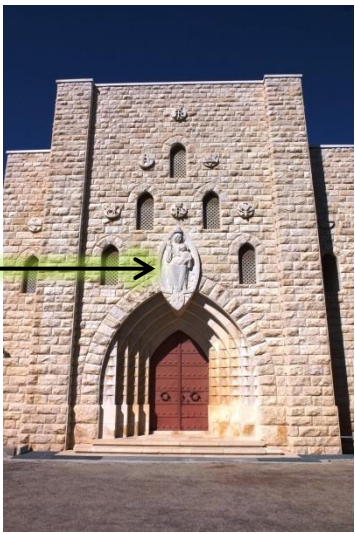
12 Stars*

A woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars (Revelation 12, 1)

I have been very zealous for the LORD, the God of hosts (I Kings 19, 10)

Carmelite Order Coat of Arms

Mary Holding Child Jesus

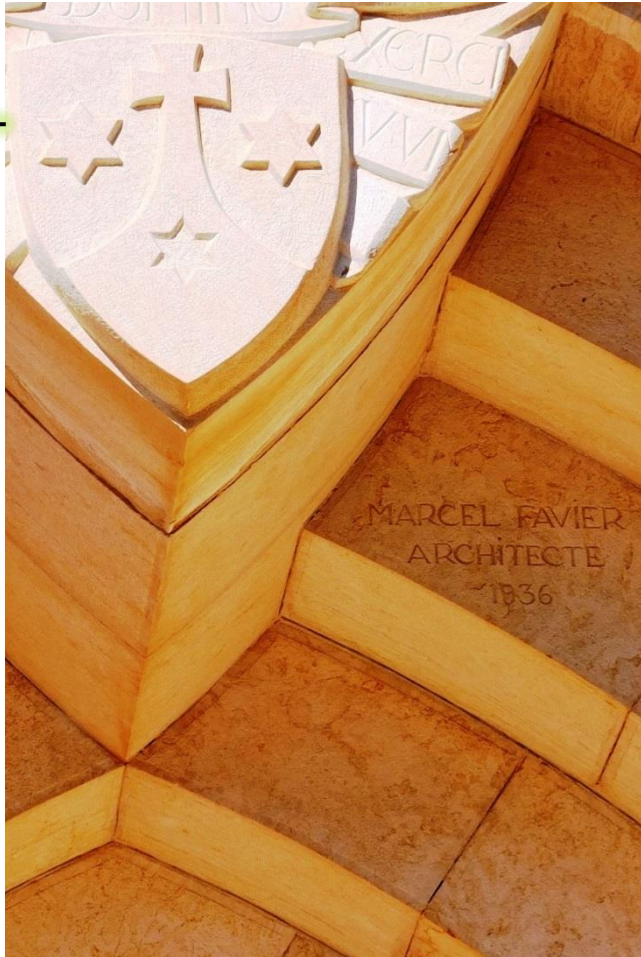
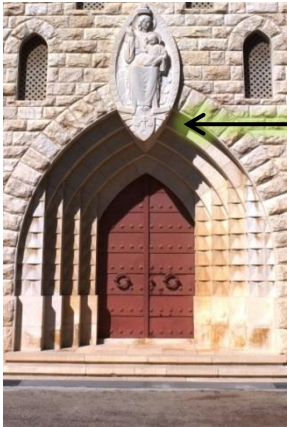


* 4 stars on each side, 3 on the Coat of Arms and one above the crown

Church – Eastern Façade



Church entrance (usually closed)



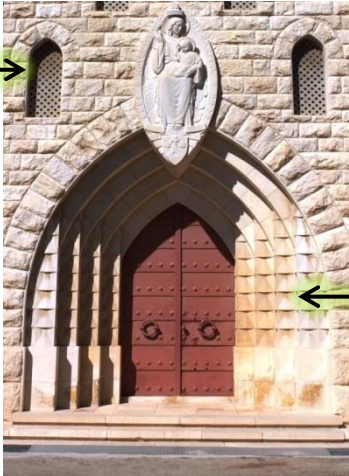
Marcel Favier
Architect, 1936*
Artist's signature

* Marcel Favier, a French architect, also designed the French consulate (Botta Street) and the Villa C. Salameh (Wingate Square) in Jerusalem

Church – Eastern Façade



Colored-glass window



Decorated stone doorposts

Church – Northern Façade*

* The stone reliefs were sculpted by the French artist Roger de Villiers



Church – Northern Façade Medallions



Mitre and two Keys
Papal Coat of Arms



Five Flames
Symbol of the Five Wise
Virgins (*Mathew 25, 1-13*)



Mystic Rose
Devotional title of Mary



Lily in Vase
Symbol of devotion



As a lily among brambles
(*Song of Songs 2, 2*)



Tower of David
Devotional title of Mary

Church – Northern Façade Medallions



Immaculate Heart of Mary
Devotional title of Mary



Spiritual Vase*
But we have this treasure in clay jars
(II Corinthians 4, 7)



Christogram (Chi + Rho)
Symbol of Christ
Alpha & Omega
Symbol of Divinity
I am the Alpha and the Omega
(Revelation 1, 8)

Church

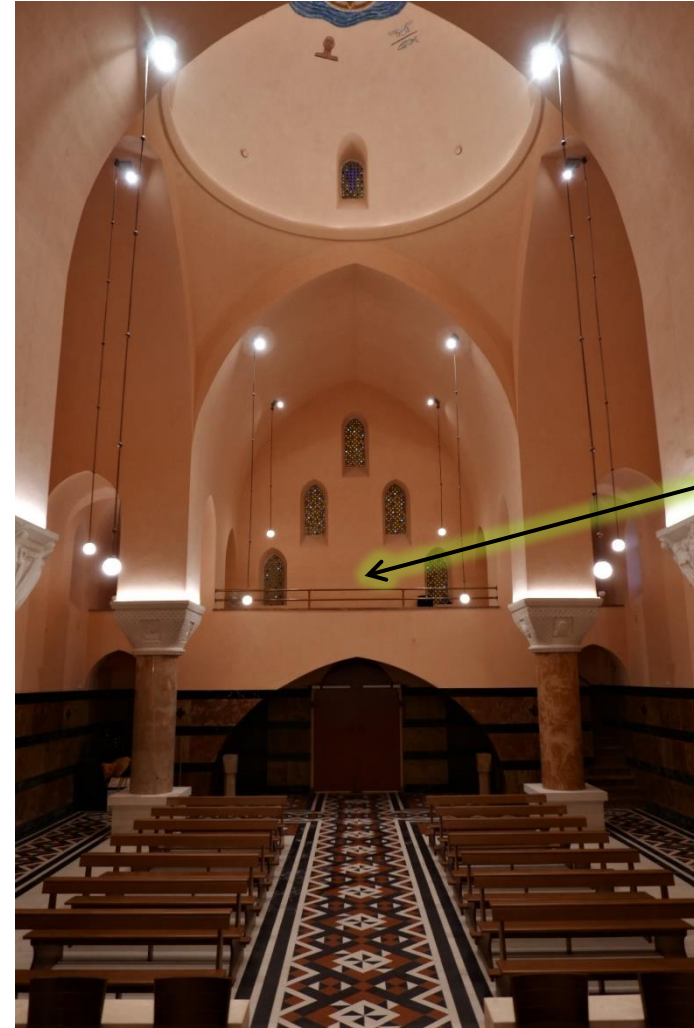
Main Hall*

* The church was renovated in 2018



Westward view

The apse is in the western wall



Eastward view

Church entrance (usually closed)

Choir
gallery

Decorated Dome



Decorated Dome

Alpha & Omega

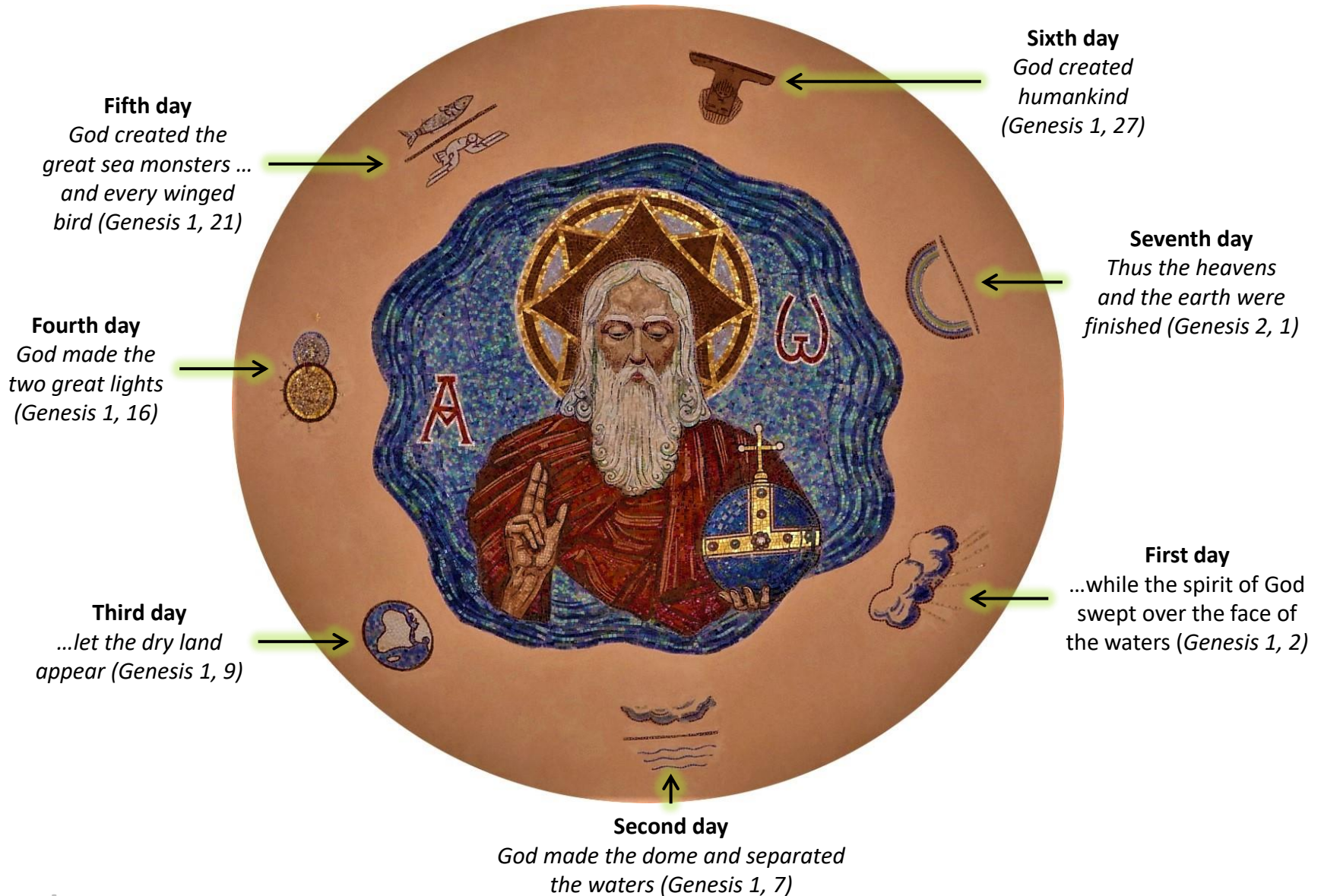
Symbol of Divinity - *I am the Alpha and the Omega (Revelation 1, 8)*



God the Father
Holding the
Cross-bearing orb*

Creation of the World
(*Genesis 1, 2 – 2, 1*)

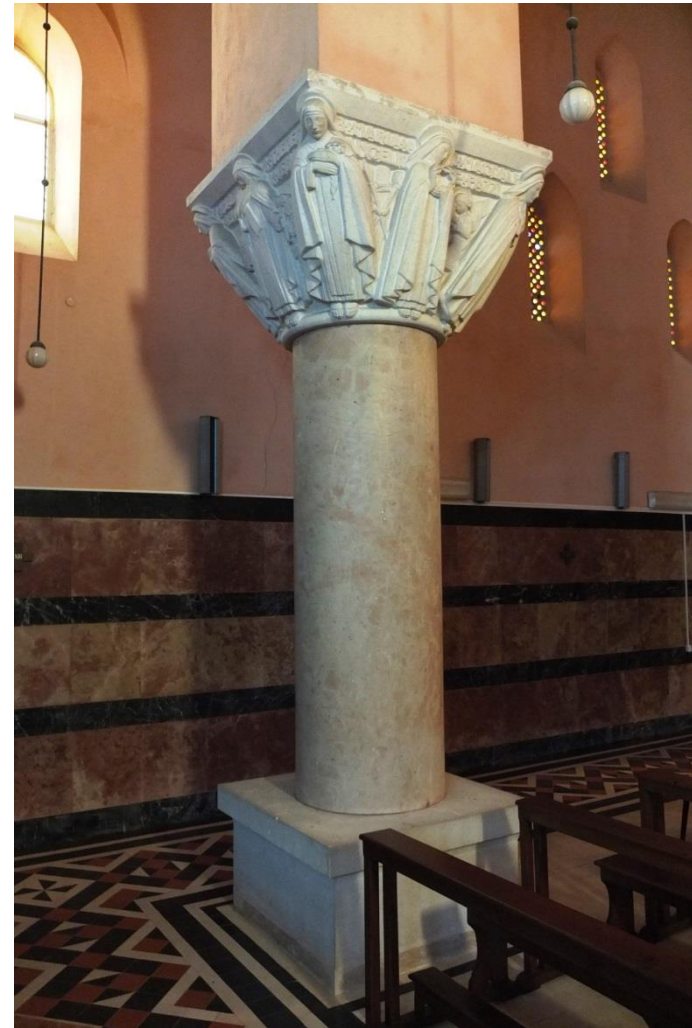
Decorated Dome – Creation of the World



Western Capitals – Carmelite Saints



Southwestern capital – Men Saints



Northwestern capital – Women Saints

Southwestern Capital – Men Saints

St. Albert Avogadro

St. John of the Cross

St. Simon Stock



Patriarch of Jerusalem

Doctor of the Church

Southwestern Capital – Men Saints

St. Simon Stock

Elisha

St. Berthold



The spirit of Elijah rests on Elisha (II Kings 2, 2)

Southwestern Capital – Men Saints

St. Berthold

St. Brocard

St. Cyril



Southwestern Capital – Men Saints

St. Cyril

St. Angelus

St. Albert Avogadro



Southwestern Capital – Men Saints



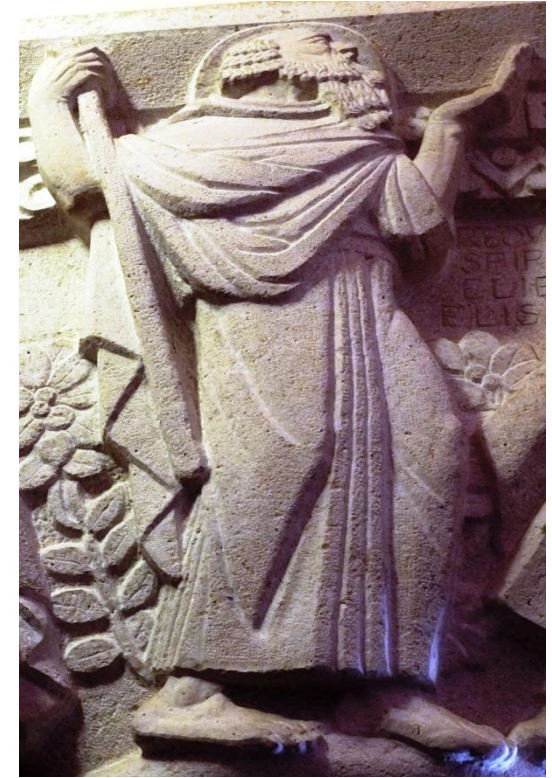
St. Albert Avogadro*
Patriarch of Jerusalem
Holding the Crosier



St. John of the Cross**
Doctor of the Church



St. Simon Stock***
Holding the Scapular



Elisha

* Issued the first Carmelite Rule in 1207

** Founder of the Discalced Carmelite Order

*** The Brown Scapular was bestowed to Simon Stock by Mary during her apparition to him on Mount Carmel

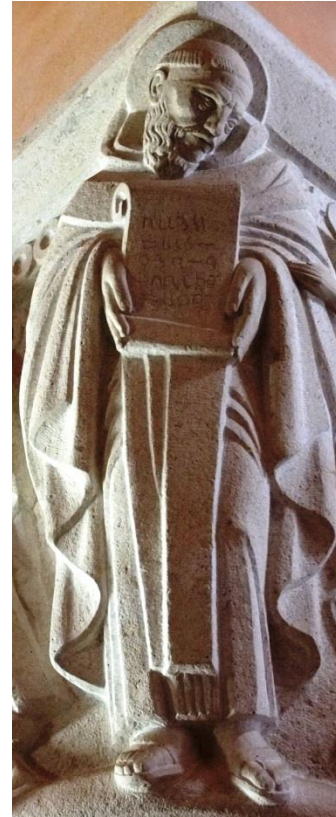
Southwestern Capital – Men Saints



St. Berthold*
Holding the building of
the monastery



St. Brocard
Holding the Carmelite Rule



St. Cyril**
Holding an open book



St. Angelus***
Holding a palm

* Founder and Prior General of the hermit colony on Mount Carmel

** AKA Cyril of Constantinople. The text, not clearly engraved here, is "poor Cyril, a priest and hermit of Mount Carmel"

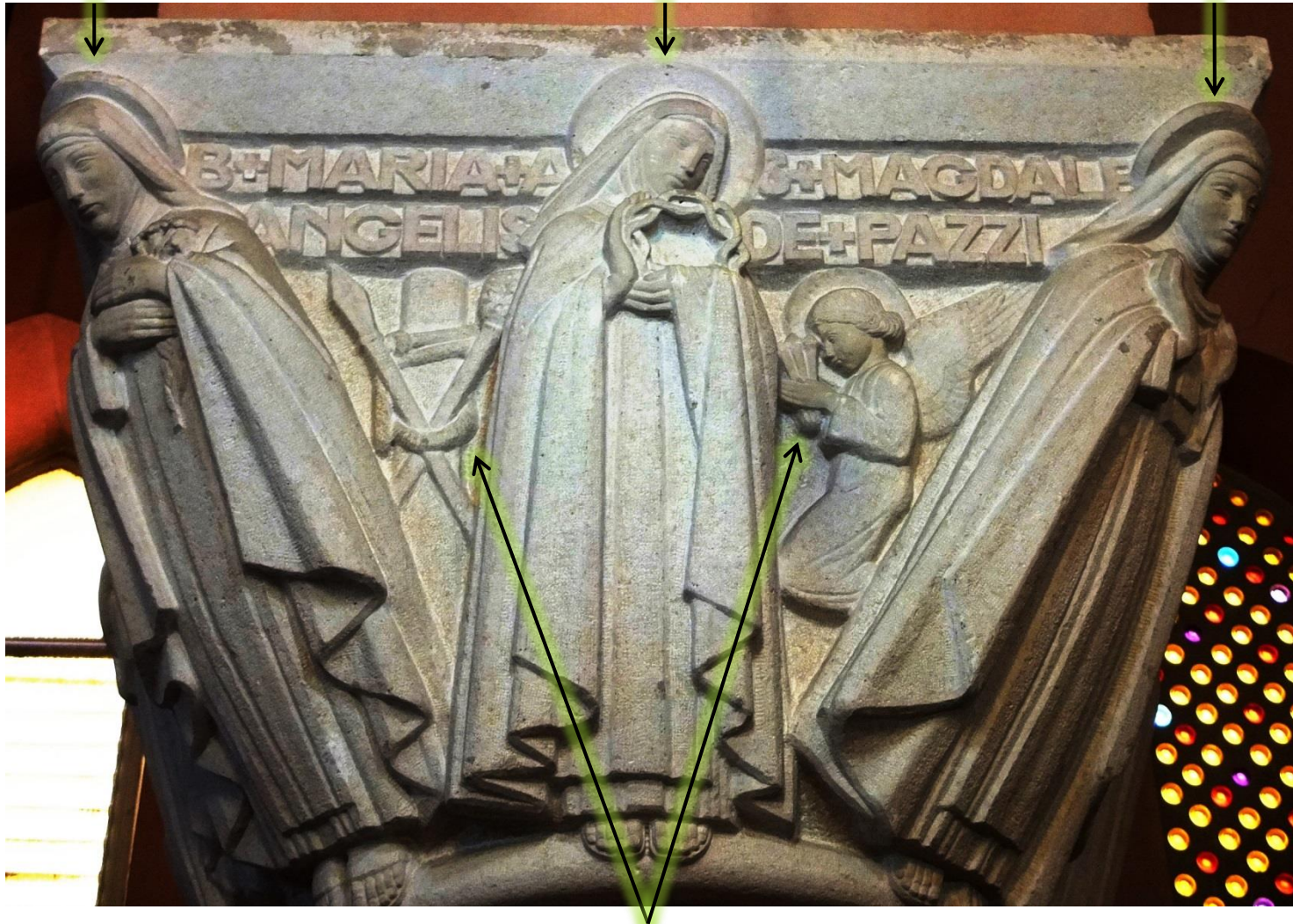
*** AKA Angelus of Jerusalem or Angelus of Sicily

Northwestern Capital – Women Saints

B. Mary of the Angels

St. Mary Magdalene de` Pazzi

B. Joan of Toulouse



Spear, sponge, 3 nails
Symbols of the Crucifixion

Northwestern Capital – Women Saints

B. Joan of Toulouse*

St. Teresa Margaret Redi

Anne of St. Bartholomew

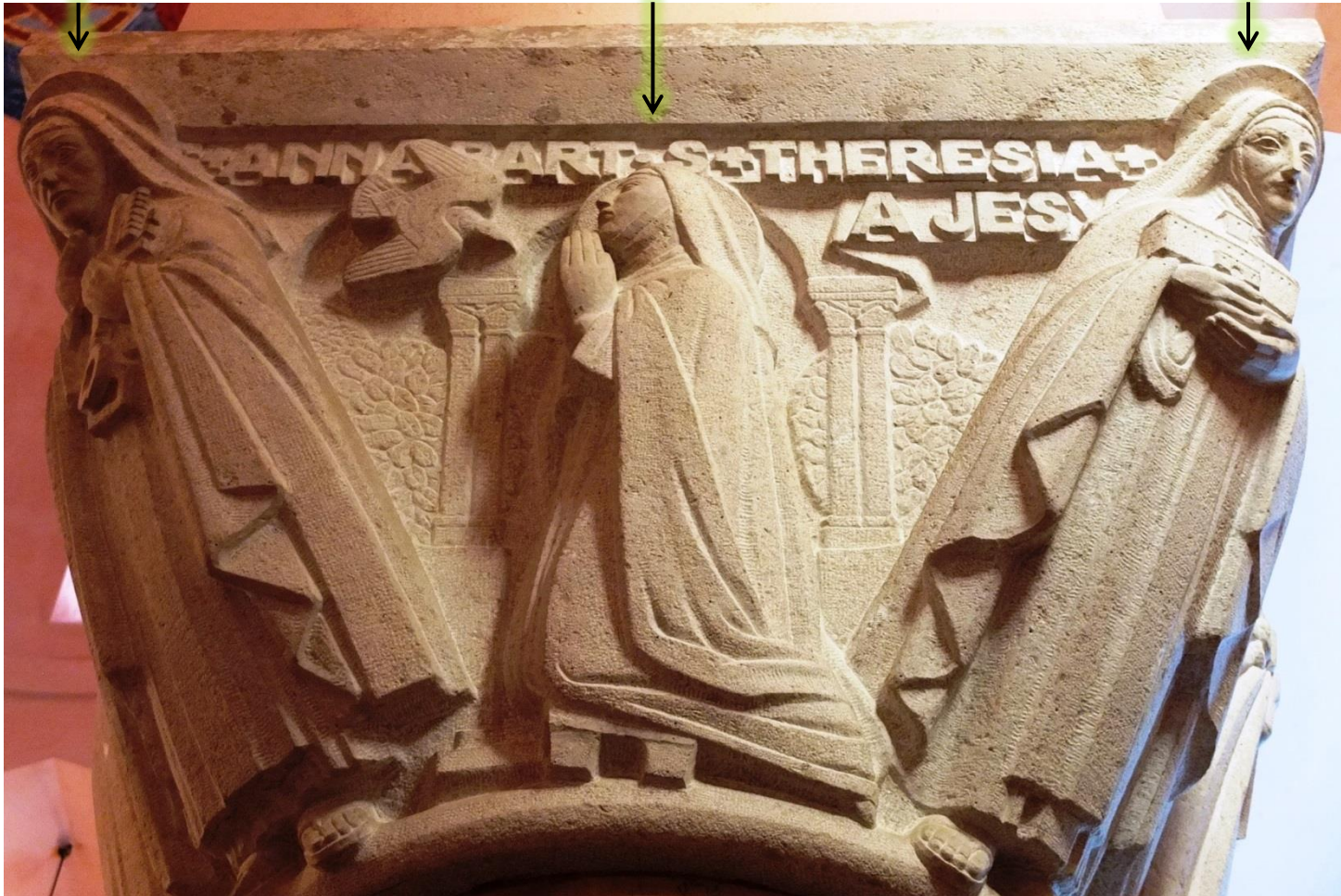


Northwestern Capital – Women Saints

Anne of St. Bartholomew

St. Teresa of Ávila

B. Mary of the Incarnation



Northwestern Capital – Women Saints

B. Mary of the Incarnation

St. Thérèse of Lisieux

B. Mary of the Angels



Roses

Northwestern Capital – Women Saints



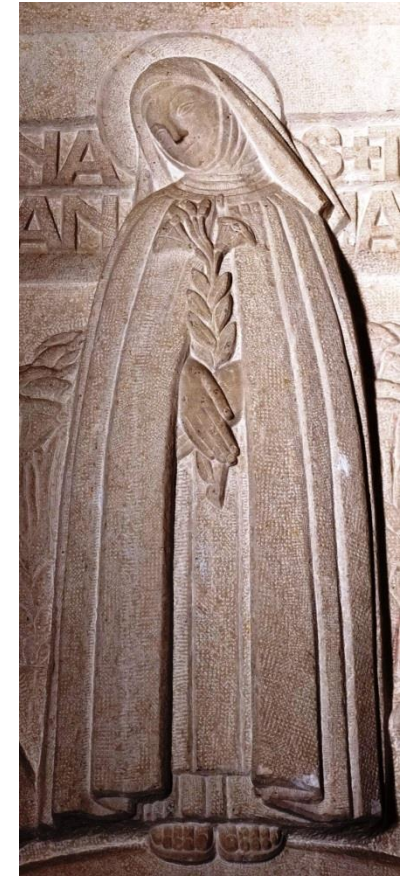
B. Mary of the Angels*
Holding a lily



St. Mary Magdalene de' Pazzi
Holding a Crown of thorns



B. Joan of Toulouse**
Wearing a Scapular



St. Teresa Margaret Redi***
Holding a lily

* AKA Mary Fontanella from Turin

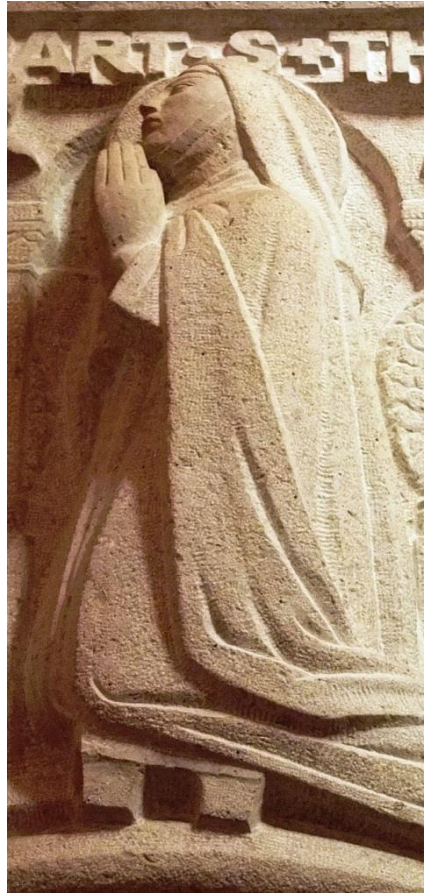
** Foundress and first member of the Carmelite Third Order. She joined the order during a visit of Simon Stock in Toulouse

*** AKA Teresa Margaret of the Sacred Heart of Jesus

Northwestern Capital – Women Saints



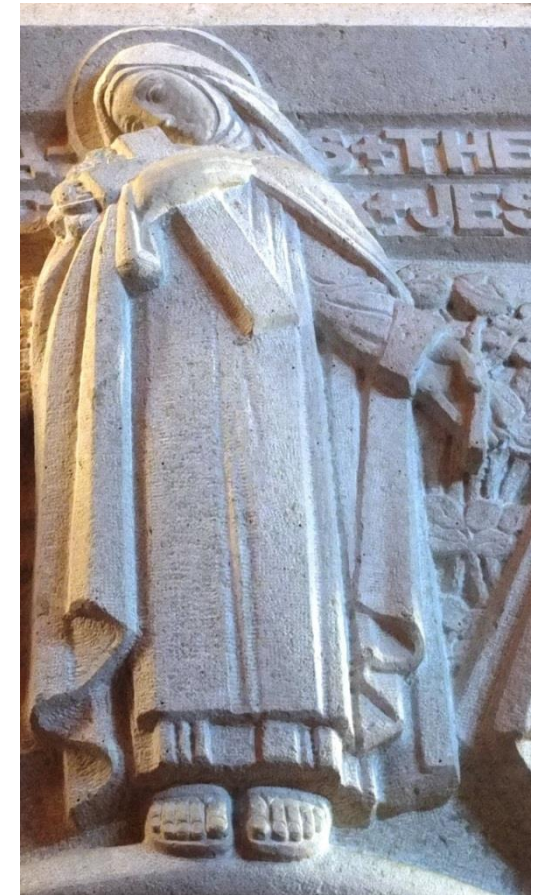
Anne of St. Bartholomew*
Holding keys



St. Teresa of Ávila**
Kneeling in prayer



B. Mary of the Incarnation***
Holding a building



St. Thérèse of Lisieux****
Holding roses

* AKA Anne Garcia Manzanos. The keys represent her role in expanding the Carmelites from Spain to France. Beatified by Pope Benedict XV In 1917

** AKA Teresa of Jesus. Foundress of the Discalced Carmelite Order

*** AKA Madame Acarie or Mother of Carmel in France. She was involved in establishing Carmelite convents in France

**** AKA Thérèse of the Child Jesus or Flower of Carmel

Southeastern Capital



Turtledoves
Symbol of fidelity*



Vine
I am the true vine (John 15, 1)



Wheat
I am the bread of life (John 6, 48)



Ship
Symbol of the Church

* Turtledoves are known for taking only one mate to whom they are faithful for life

Northeastern Capital



Triumphant Lamb



Pelican feeding the chicks
I am like a pelican of the wilderness (Psalm 102, 6)



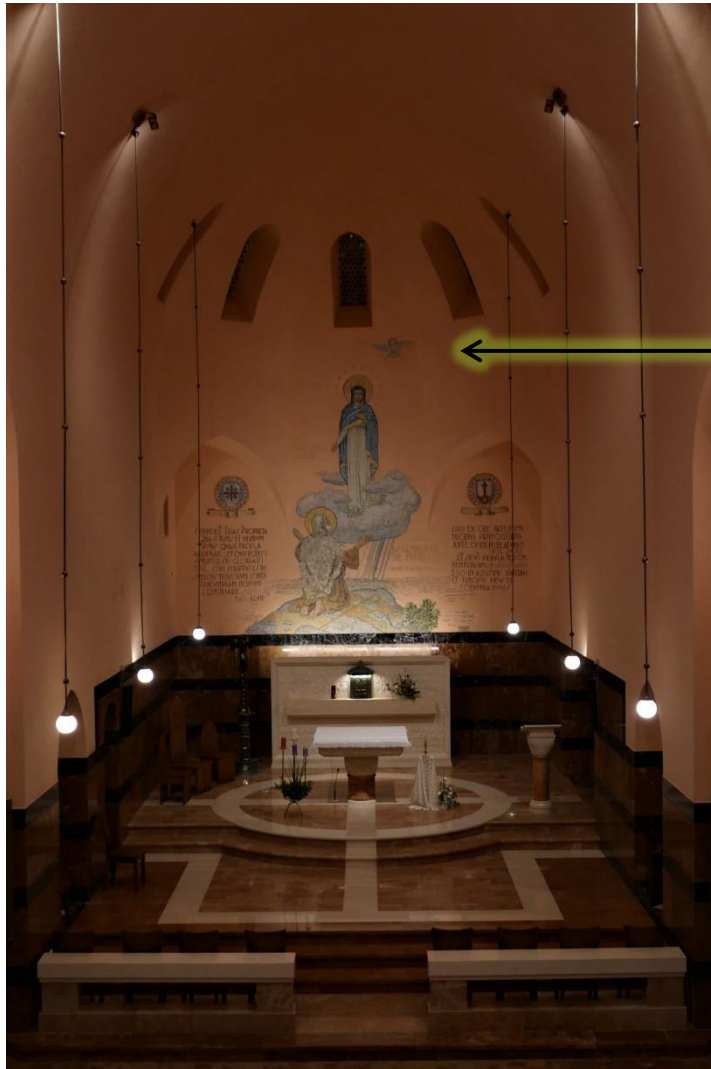
David
Playing the harp



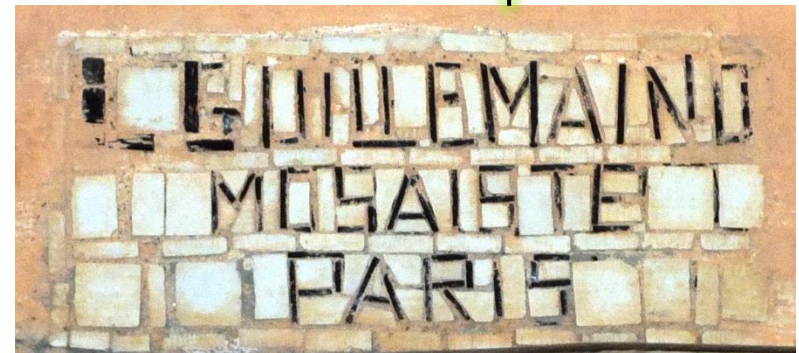
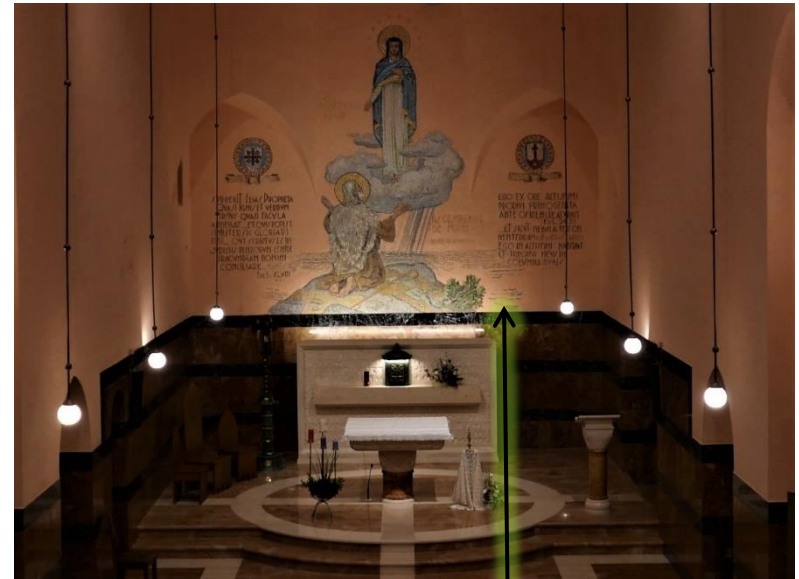
St. Anne offering a lily
Symbol of her daughter, Mary

Apse*

* The apse is in the western wall



Dove
Holy Spirit

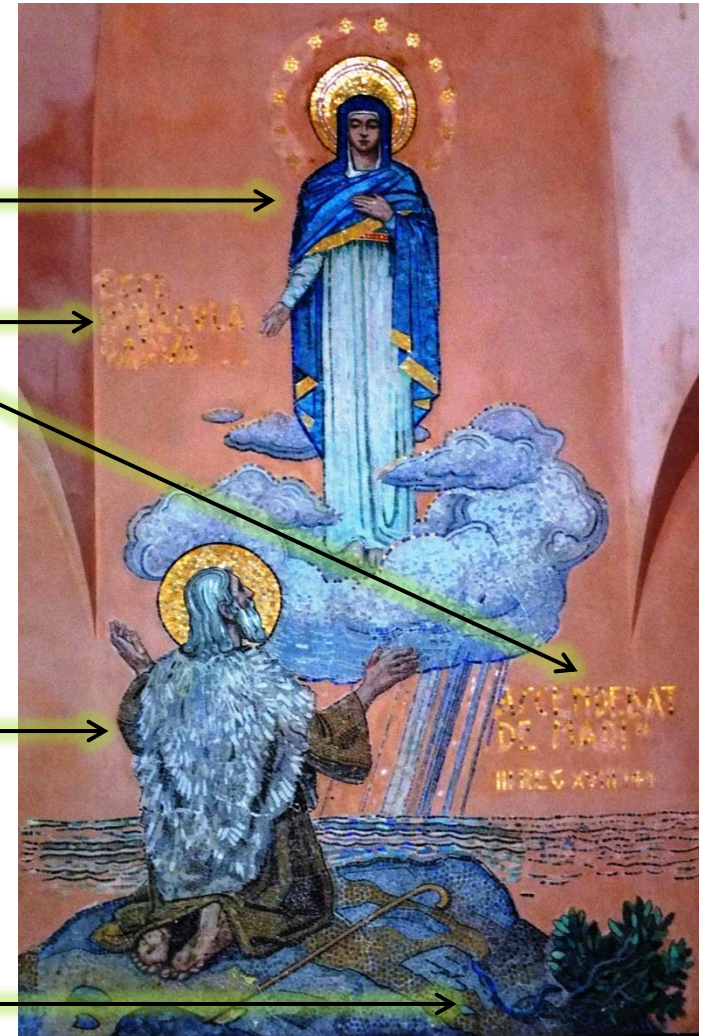


L. Guillemaind
Mosaic artist, Paris
Artist's signature

Apse – Wall mosaics

Mary

*a little cloud...is rising out of the sea (I Kings 18, 44)**



Serpent

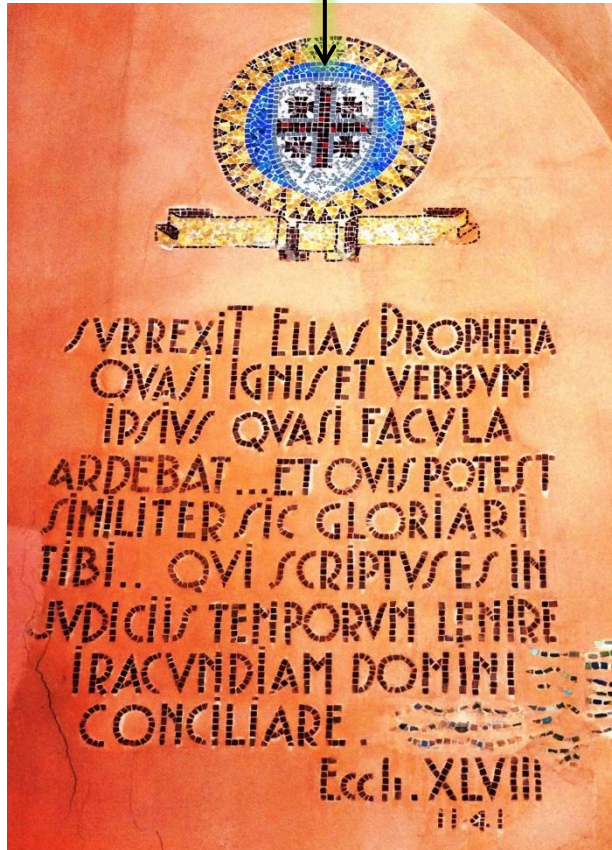
Symbol of the Original sin

Elijah

* The painting refers to III Kings rather than I Kings, as it is based on the Latin Vulgate Bible

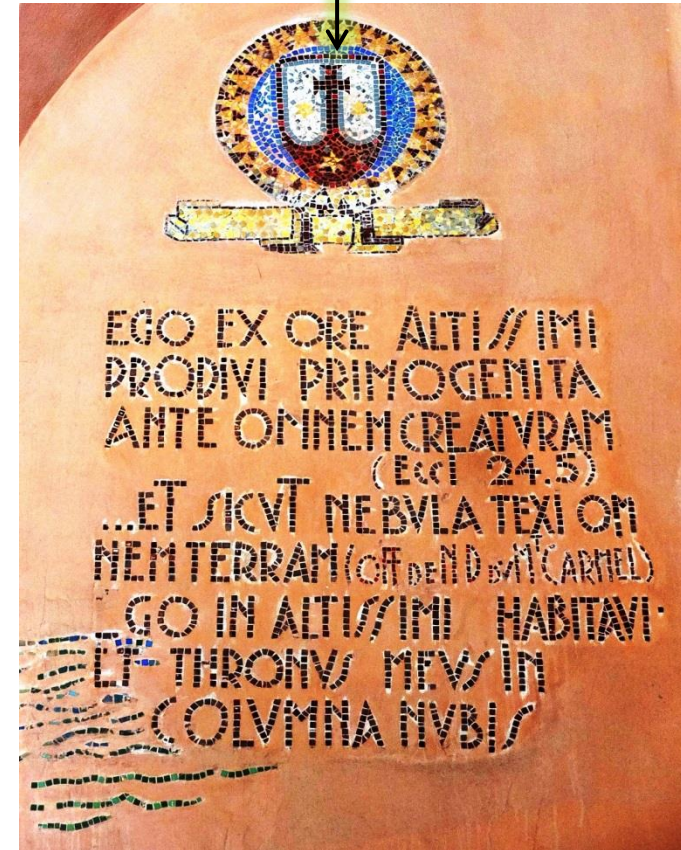
Apse – Wall mosaics

Jerusalem Cross



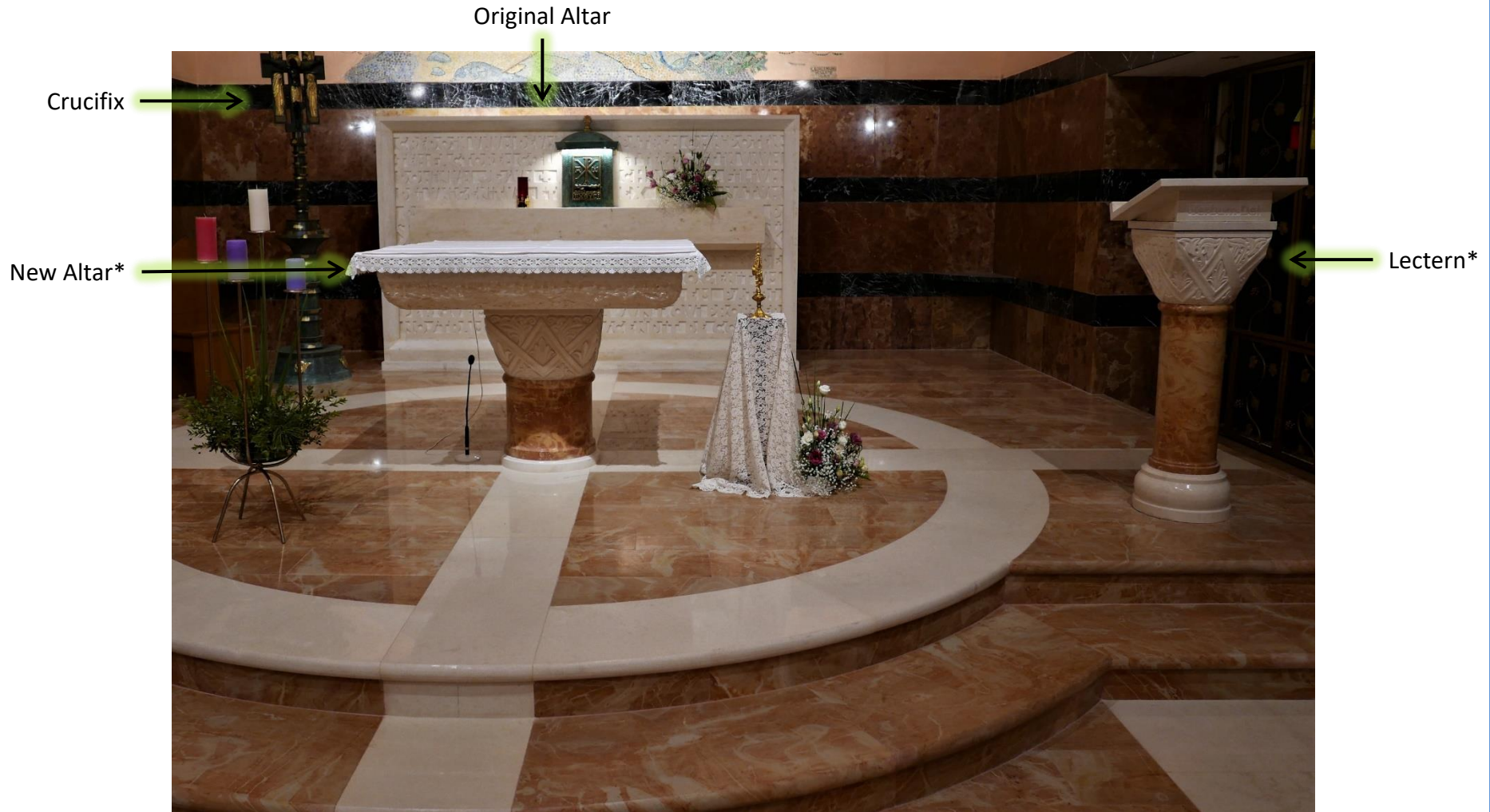
*Then the prophet Elijah arose like a fire, his word flaring like a torch...and who can glory like to thee...Who art registered in the judgments of times to appease the wrath of the LORD, to reconcile (Sirach 48, 1 4 10)**

Carmelite Order Coat of Arms



I came out of the mouth of the most High, the firstborn before all creatures...and as a cloud I covered all the earth...I dwelt in the highest places, and my throne is in a pillar of a cloud (Sirach 24, 5-7)

Apse – Chancel



Apse – Chancel

Light candle



Original Altar

The front façade is engraved with the Nicene Creed

Christogram (Chi + Rho)
Symbol of Christ



Alpha & Omega
Symbol of Divinity
*I am the Alpha
and the Omega*
(Revelation 1, 8)

ΙΧΘΥΣ
Fish (in Greek)

Tabernacle

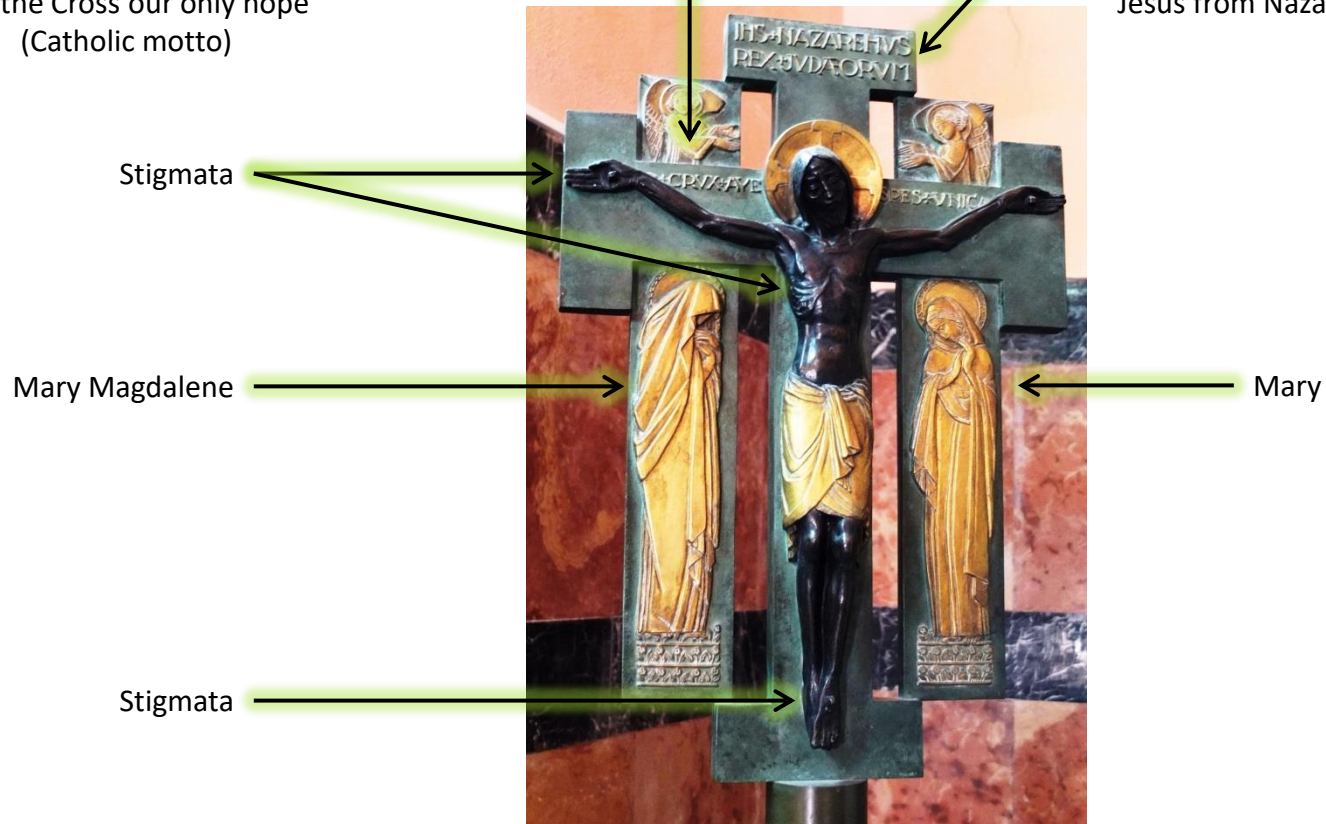
Apse – Chancel



O Crux Ave Spes Unica
Hail the Cross our only hope
(Catholic motto)



Iēsus Nazarēnus Rēx Iūdaeōrum
Jesus from Nazareth King of the Jews



Stigmata

Mary Magdalene

Stigmata

Mary

Crucifix

Apse – Chancel



Lectern

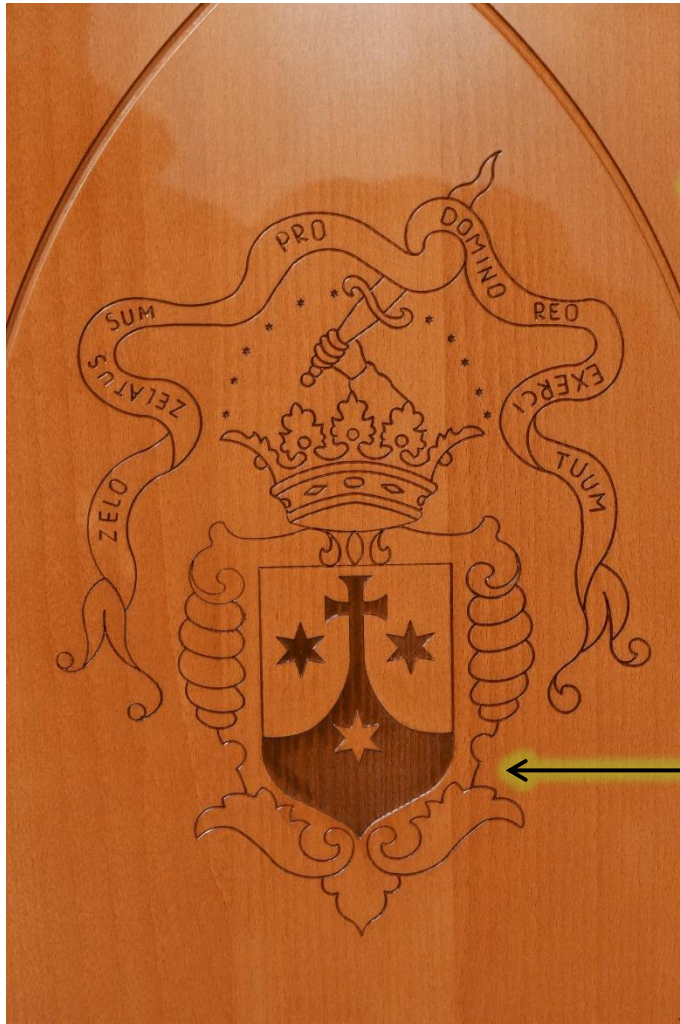


Word of God



New Altar

Apse – Chancel



Decorated seats

Carmelite Coat of Arms

*I have been very zealous for the LORD, the God of hosts
(I Kings 19, 10)*

Southern Apsidiole

St. Teresa of Ávila



Joseph
Holding Child Jesus

St. John
of the Cross



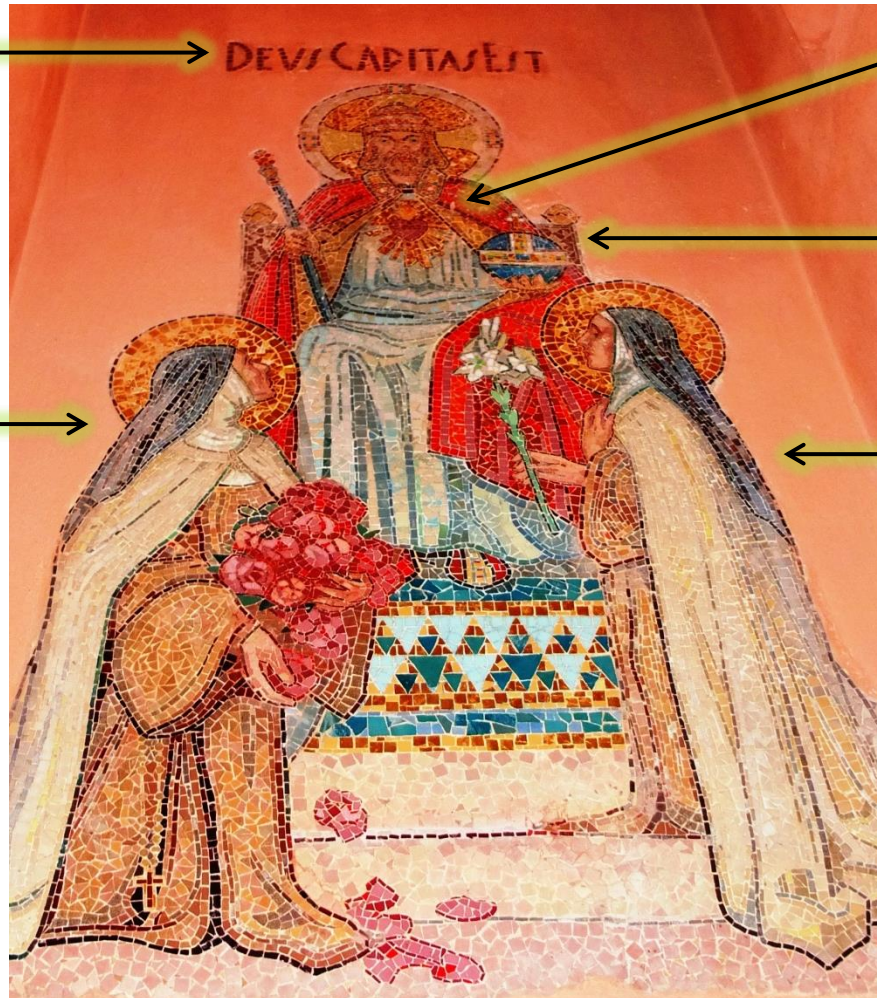
*Come to me...and I will give you rest
(Matthew 11, 28)*



*I will give glory to thy name, for thou hast been
a helper and protector to me (Sirach 51, 2)**

Northern Apsidiole

God is charity
(1st Epistle of John 4, 8)



Sacred heart of Jesus

God the Son
Holding the
Cross-bearing orb

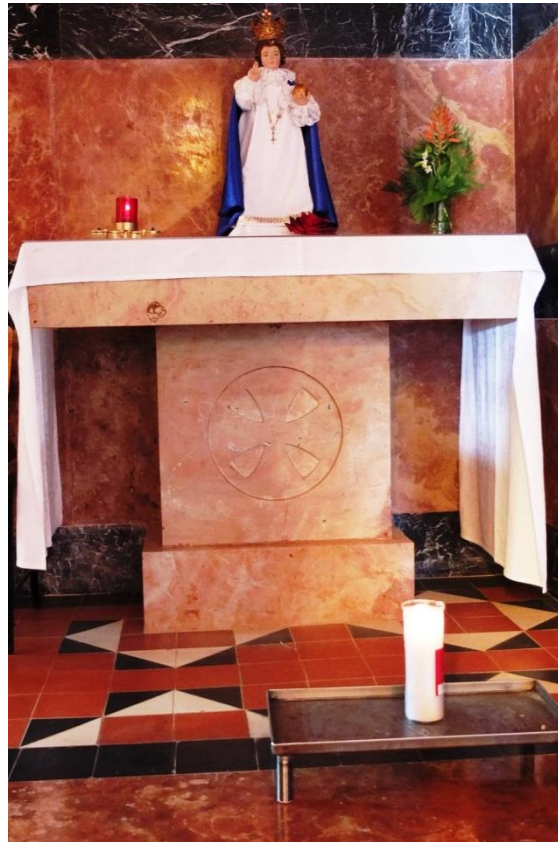
St. Thérèse of Lisieux
Holding roses
(AKA Thérèse of the Child
Jesus or Flower of Carmel)

St. Teresa Margaret Redi
Holding a lily
(AKA Teresa Margaret
of the Sacred Heart of Jesus)

Northern Apisidole



Infant Jesus of Prague
Golden vestment



Infant Jesus of Prague*
Blue vestment



Infant Jesus of Prague
White vestment

Northern Wall – Barred Window*



Until 1970, the nuns received the Sacramental Bread through the tabernacle



After 1970, the nuns received the Sacramental Bread through the window



After the 2018 renovation, the nuns receive the Sacramental Bread through the newly designed window. The tabernacle was reinstalled in the private chapel

* The barred window separates between the church and the private chapel. That allows the nuns, sitting in the private chapel, to participate in a service conducted in the church and receive the Sacramental Bread through the window

Eastern Wall



Way of the Cross
12th Station



Stoup



Church entrance (usually closed)

Southern Wall



Stoup

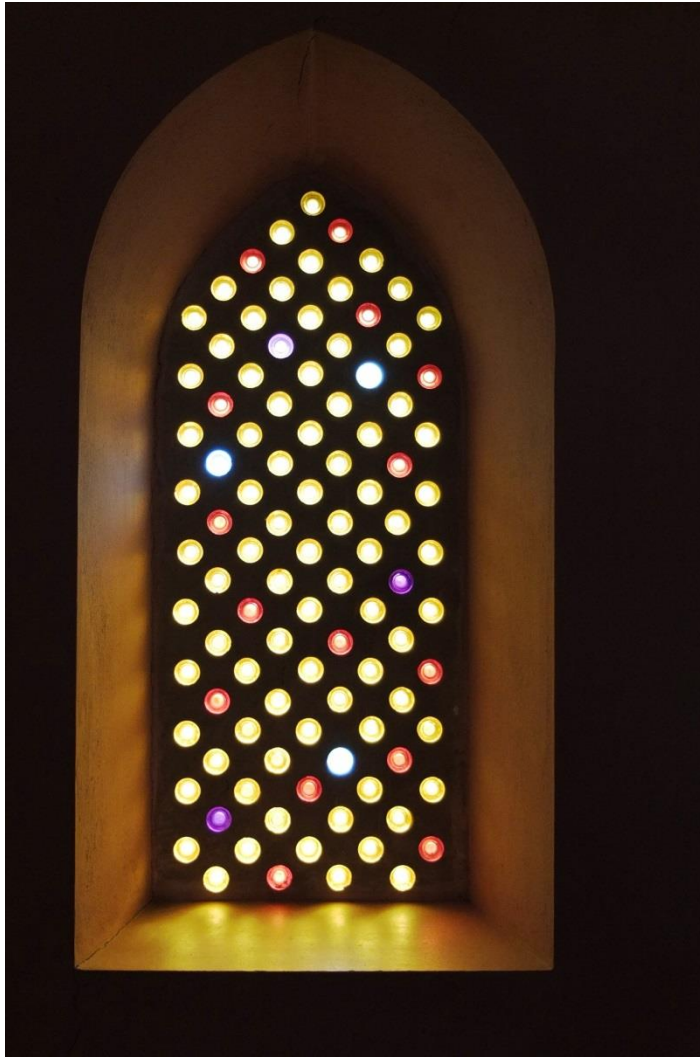


...unless you change and become like children (Matthew 18, 3)



St. Thérèse of Lisieux
(AKA Thérèse of the Child Jesus or Flower of Carmel)

Main Hall – Colored-Glass Windows



2018 Renovation – Before and After

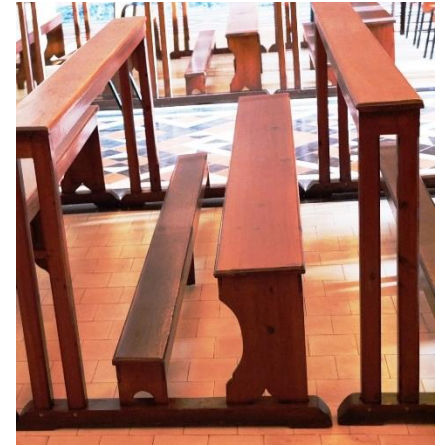
Before



Decorated Dome

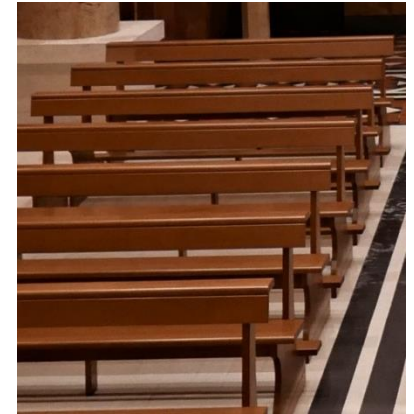


Chancel



Pews

After



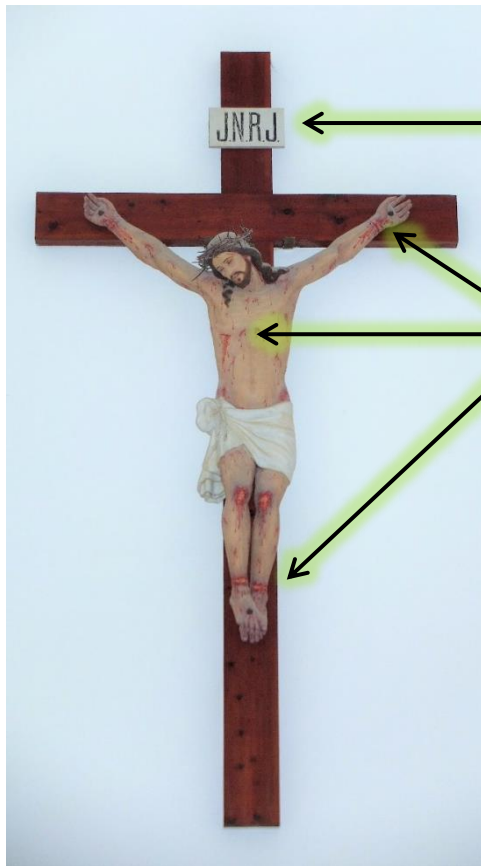
Convent

Private Chapel – Southward View*

* Looking into the church



Private Chapel – Southern Wall



Crucifix

JNRJ*

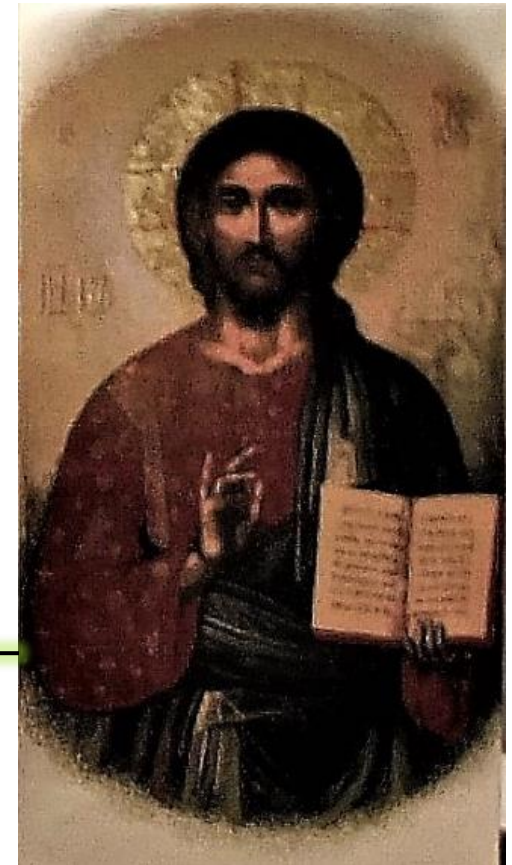
Jesus from Nazareth King of the Jews

Stigmata



Christ Pantocrator

The barred window separates between the church and the private chapel. That allows the nuns, sitting in the private chapel, to participate in a service conducted in the church and receive the Sacramental Bread through the window



Private Chapel – Southern Wall

IHS

Jesus **H**ominum **S**alvator
Jesus Savior of Men



Chalice
The wine

Behold the Bread of Angels
(From *Lauda Sion Salvatorem*
hymn by St. Thomas Aquinas)

Wheat

I am the bread of life (John 6, 48)



Vine

I am the true vine (John 15, 1)



Tabernacle*



Happy Gate of Heaven
(From *Ave Maris Stella* hymn)

Light candle

Private Chapel – Eastern Wall



Joseph
Holding Child Jesus



St. Teresa of Ávila
(AKA Teresa of Jesus)

Private Chapel – Northward View*

* Looking into the meeting room



Private Chapel – Northern Wall



Mary
Holding Child Jesus



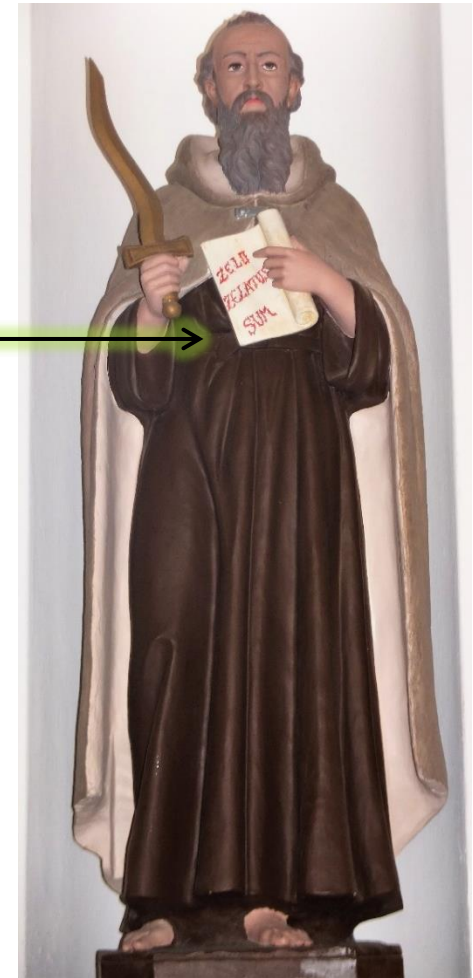
Barrel vault ceiling

Private Chapel – Western Wall



St. John of the Cross

*I have been very Zealous
(I Kings 19, 10)*



Elijah

Private Chapel – Wood Furniture



Decorated seats



Wooden floor



Wooden floor tiles

Private Chapel – Side Room



Turning shelves closet

Allows the nuns to hand over books to the priest in the church without being seen

Meeting Room – Southward View*

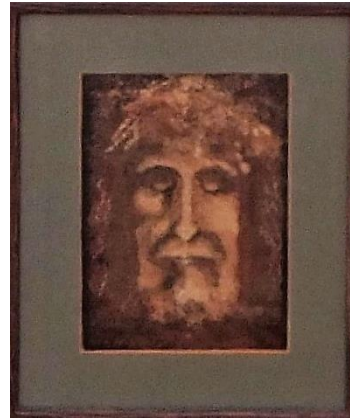
* Looking into the private chapel



Meeting Room – Southern Wall



Stoup



Jesus



Door to private chapel



Stoup

Meeting Room – Southern Wall



St. Thérèse of Lisieux
Holding roses
(AKA Thérèse of the Child Jesus or Flower of Carmel)



St. Teresa Margaret Redi
Holding a lily

Meeting Room – Southern Wall

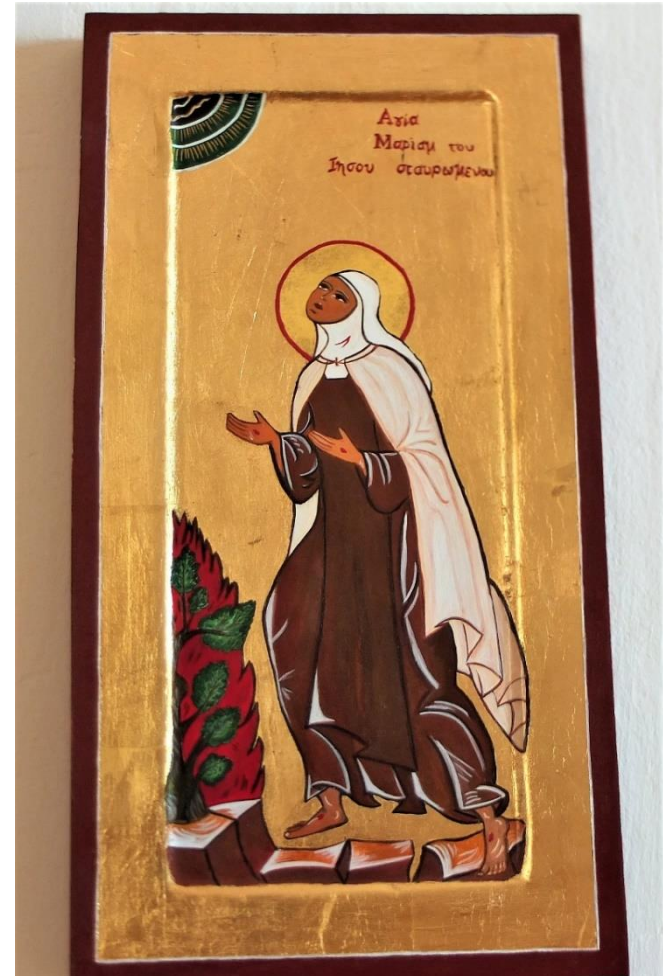


Here rests
Sister **Jeanne-Marie-Ange of the Child Jesus**, Novice
Born in Tulette (Drôme) on January 13th 1895
Entered the Monastery of the Discalced Carmelites at the foot of Mount Carmel on August 14th 1919
Received the habit on February 28th 1920
Died on October 24th 1921 at the age of 26
Transferred from the cemetery of the nuns into the Zaoura monastery on April 21st 1931
Transferred again to the monastery on Mount Carmel on December 14th 1936

Meeting Room – Eastern Wall

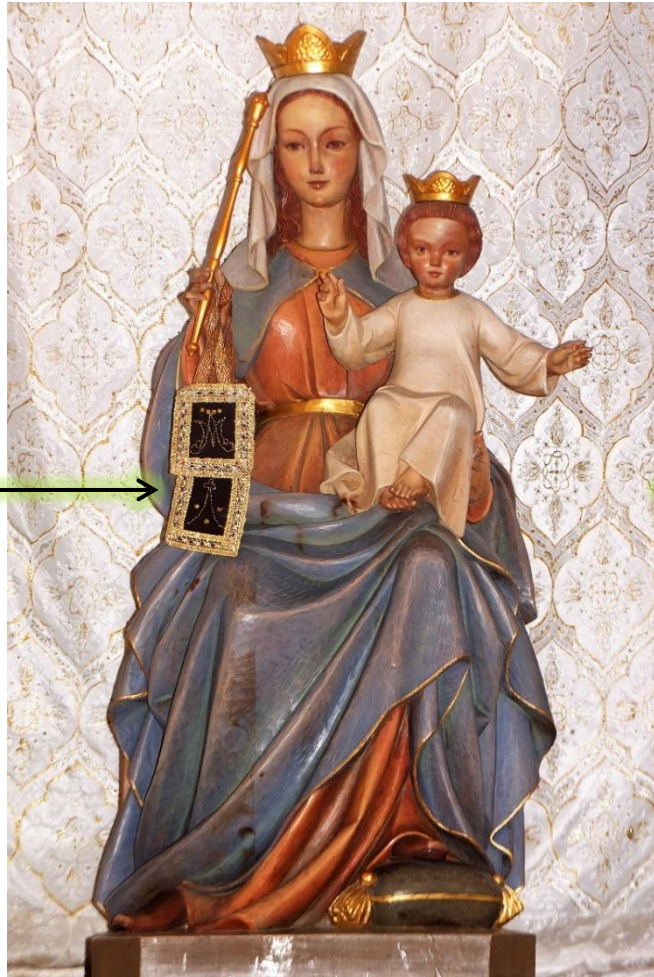


Decorated seat

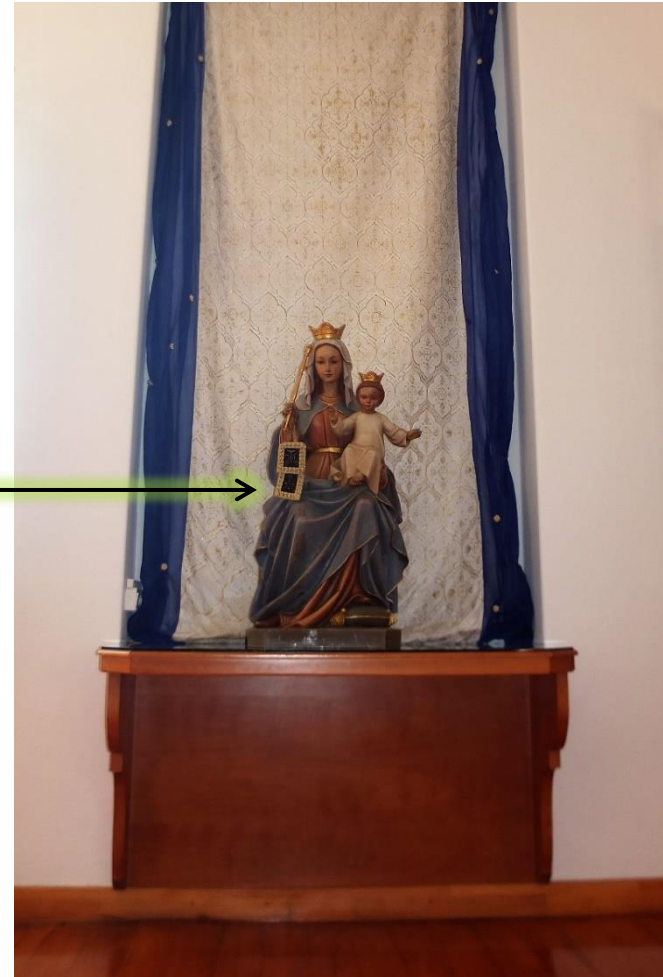


St. Mariam Baourady
(AKA Mary of Jesus Crucified)

Meeting Room – Northern Wall



Scapular



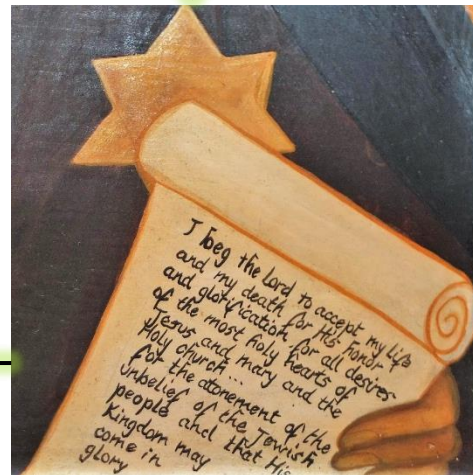
Mary
Holding Child Jesus

Meeting Room – Western Wall



* Edith Stein, AKA Teresa Benedicta of the Cross, was born and raised as a German Jew and had an academic career in Philosophy in Germany. She converted to Christianity at the age of 31 and became a Carmelite nun at the age of 42. Her canonization as a martyr created controversy and affected the Jewish-Catholic dialogue. Edith Stein was canonized in 1998 by Pope Paul John II.

Star of David on a nun's habit
Her attribute



**I beg the Lord to accept my Life
and my death for His honor
and glorification. for all desires
of the most holy hearts of
Jesus and mary and the
Holy church...**

**For the atonement of the
Unbelief of the Jewish
people and that His
kingdom may
come in
Glory**

(Written by Edith Stein in June 1939)

St. Edith Stein*

Cross →

Menorah →

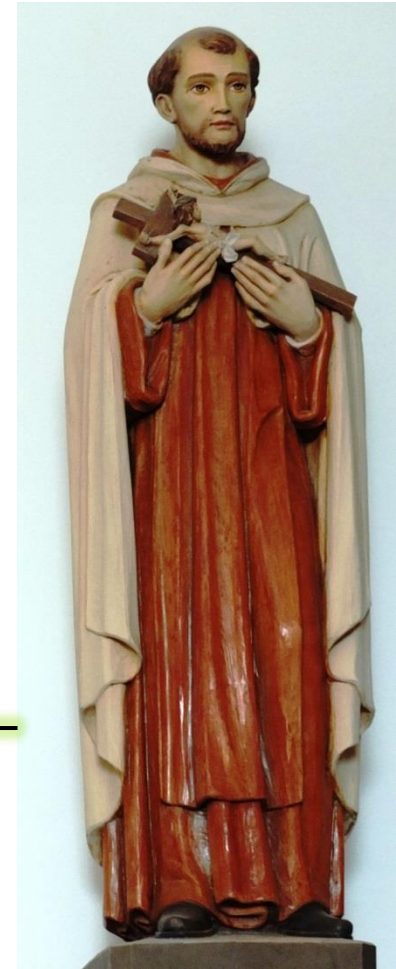
Main Building – Lobby



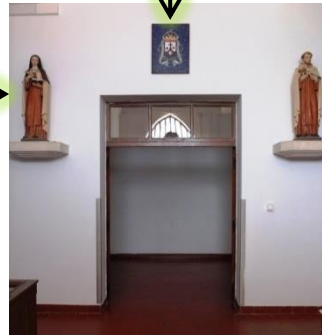
St. Teresa of Ávila
(AKA Teresa of Jesus)



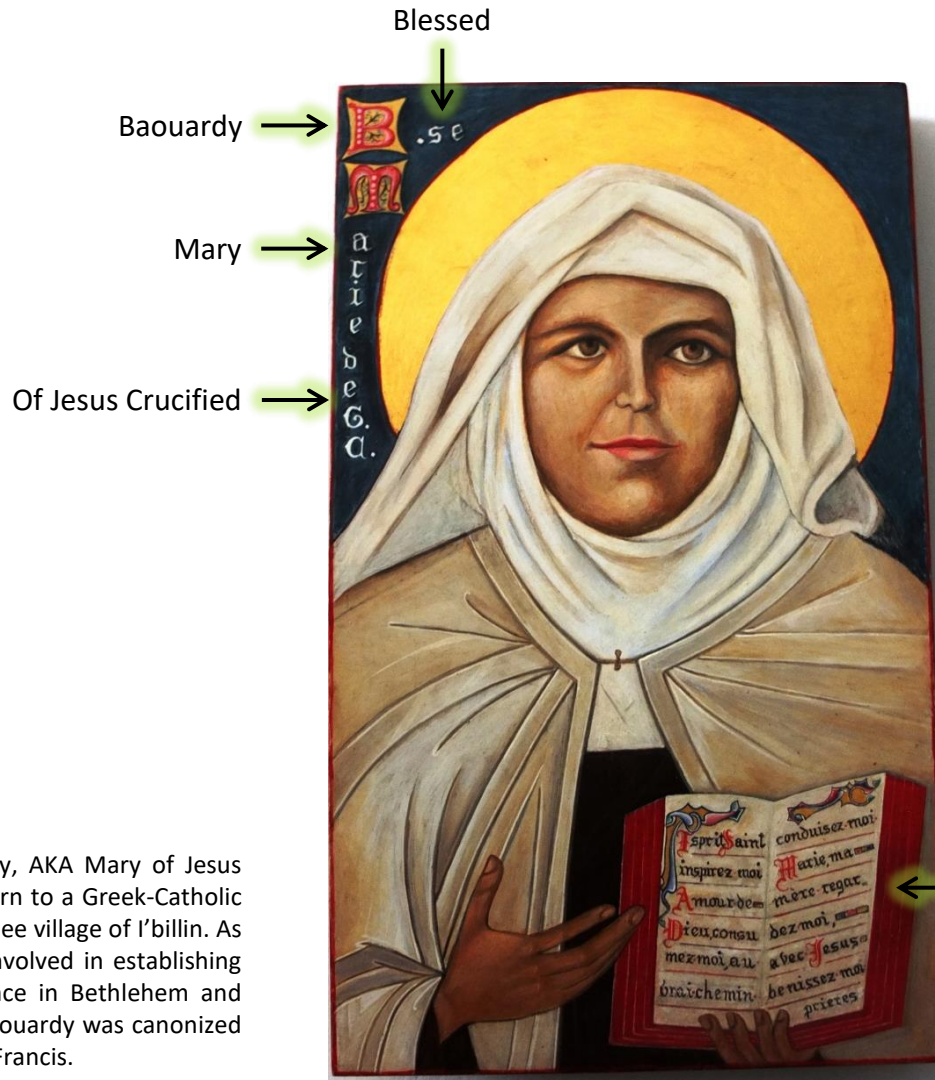
Carmelite Order Coat of Arms



St. John of the Cross



Main Building – Lobby



* Mariam Baouardy, AKA Mary of Jesus Crucified, was born to a Greek-Catholic family in the Galilee village of Ibillin. As a nun she was involved in establishing Carmelite presence in Bethlehem and India. Mariam Baouardy was canonized in 2015 by Pope Francis.

B. Mariam Baouardy*

Holy Spirit, inspire me.
Love of God, consume me.
Along the true road, lead me.
Mary my Mother, look upon me.
With Jesus, bless me.
(From *Prayer* by Mariam Baouardy's)

Main Building – Lobby

The glory of Lebanon shall be given to it, the majesty of Carmel (Isaiah 35, 2)

St. Teresa of Ávila



MP ΘΥ
MATER THEOU
Mother of God (in Greek)

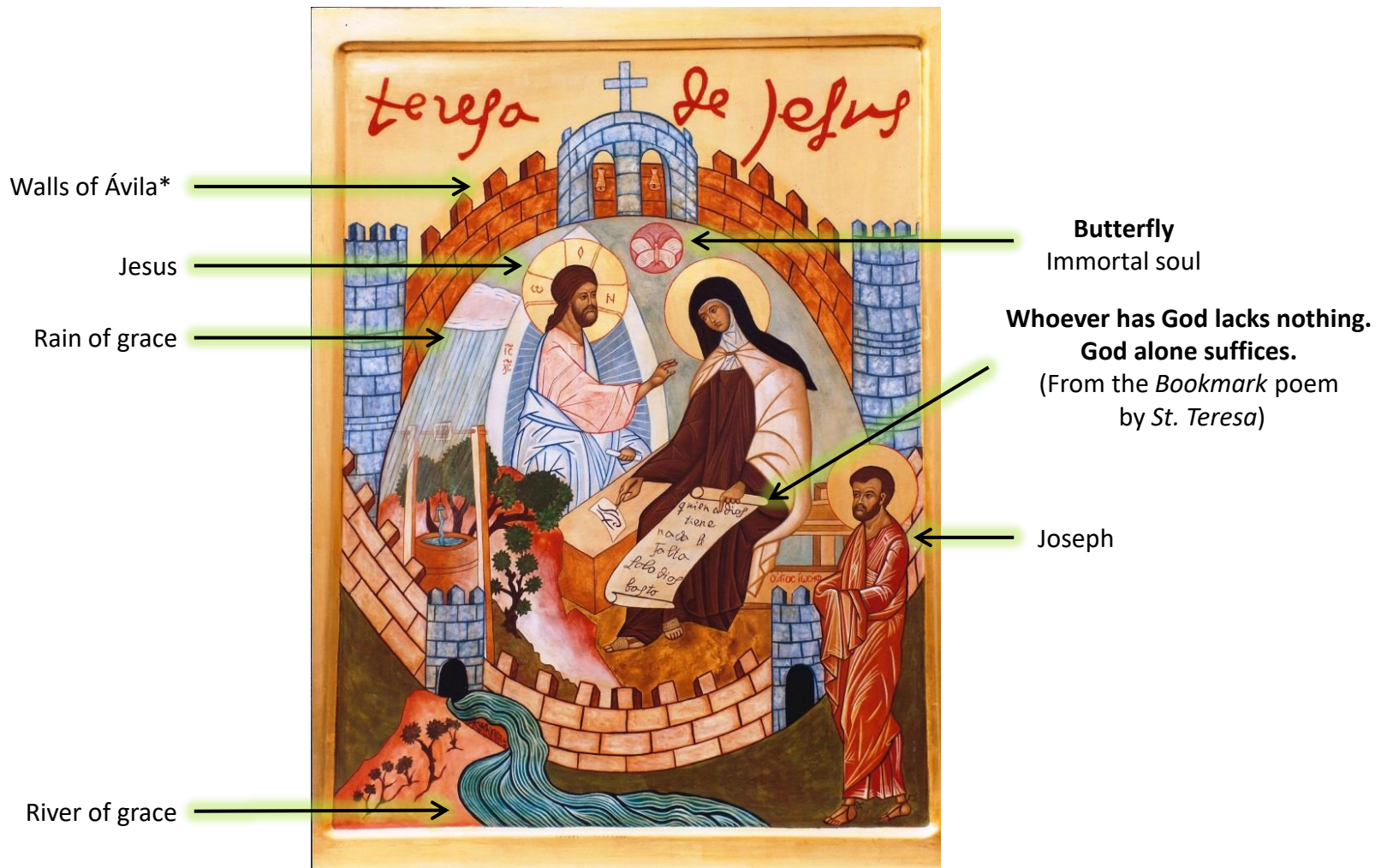
IC XC
IHCOYC XPICTOC
Jesus Christ (in Greek)

Mary
Holding Child Jesus

Painting from Harissa, Lebanon (1999)

Carmelite saint and text in Spanish painted in a Byzantine style

Main Building – Meeting Room for Visitors



St. Teresa of Ávila
Painted in Byzantine style

* These also recall the walls of the monasteries and the walls of "The Interior Castle"(her theological essay)

Main Building – Meeting Room for Visitors



St. John of the Cross*
Painted in Byzantine style

* The scene of St. John contemplating in a cave, reminds Elijah in Wadi Cherith

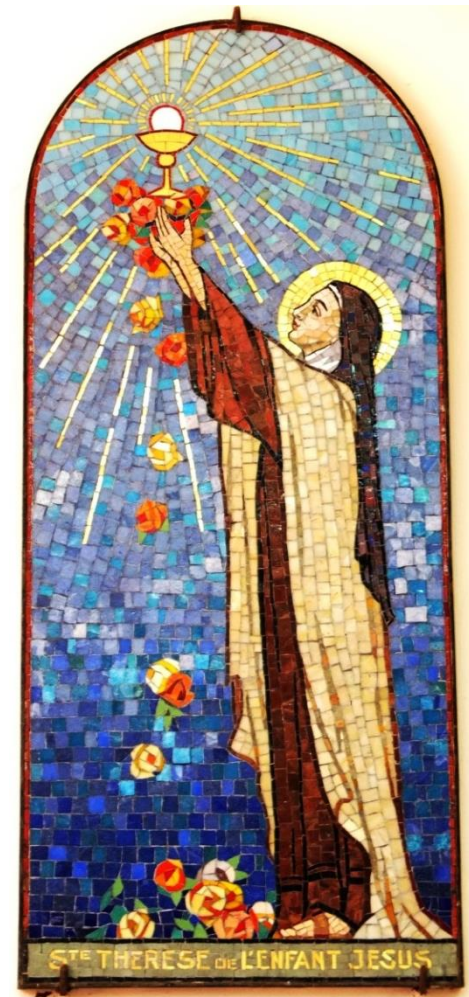
** Poems by St. John of the Cross

Main Building – Dining Room for Visitors



Elijah in Wadi Cherith

*Hide yourself by the Wadi Cherith...and I have
Commanded the ravens to feed you there (1 Kings 17, 3-4)*



St. Thérèse of Lisieux

*Holding roses
(AKA Thérèse of the Child Jesus or Flower of Carmel)*

Main Building – Dining Room for Visitors



Memorial plaque to St. Edith Stein*

I PRAY, THEREFORE I AM

In memory of

EDITH STEIN

Born on October 12th 1891 in Breslau
Carmelite nun Teresa Benedicta of the Cross
Murdered on August 9th 1942 in Auschwitz
Beatified on May 1st 1987 by
Pope John Paul II in Cologne

She died for her Jewish people and as
a martyr for her Catholic faith

Installed by the German branch of the
Equestrian Order of the Holy Sepulchre of
Jerusalem in 1987

Main Building – Corridor



St. John of the Cross



Bell ropes
Attached to the bells in the rooftop bell tower



St. Teresa of Ávila
(AKA Teresa of Jesus)

Main Building – Library



Entrance to the library

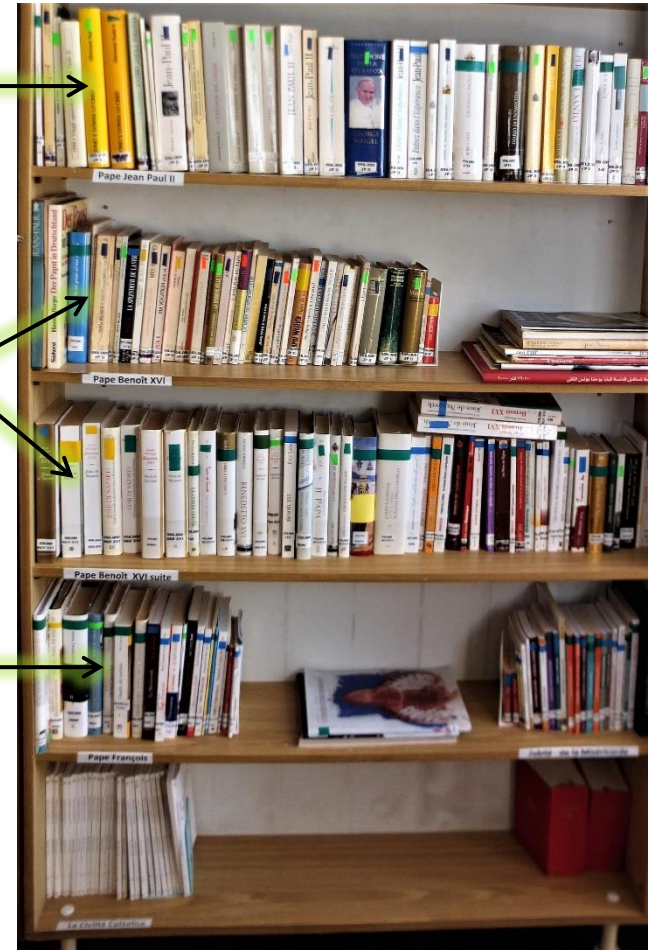
Pope John Paul II



Pope Benedict XVI



Pope Francis



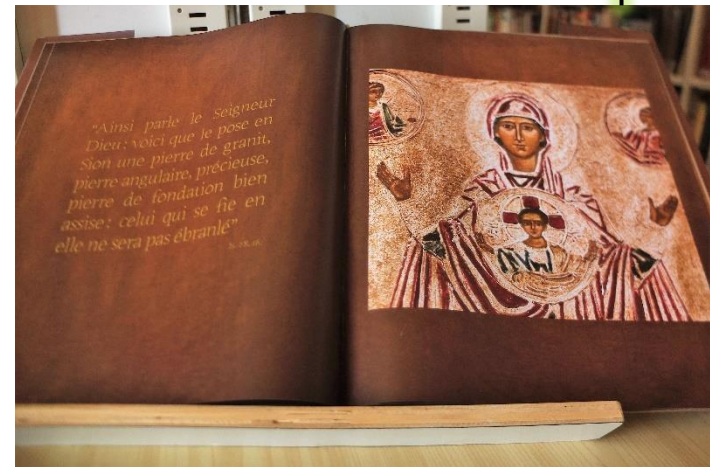
Section for books written by the latest Popes

Main Building – Library



Joseph
Holding Child Jesus*

* Painted on stone



Therefore thus says the LORD God, See, I am laying in Zion a foundation stone, a tested stone, a precious cornerstone, a sure foundation: "One who trusts will not panic." (Isaiah 28, 16)

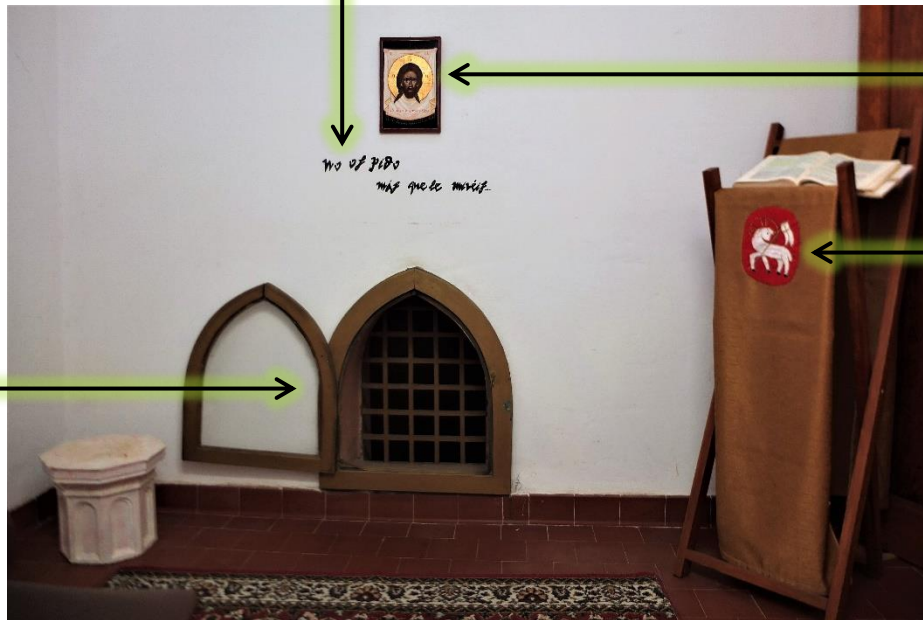
Main Building – Contemplation Room

NO OF PIDO
MAS QUE LE MIRAR...

I only ask you to look at Him
(From *The Way of Perfection* by Teresa of Ávila)



The Holy Mandylion*



Window
to the
church



Triumphal Lamb

* AKA The Image of Edessa. A piece of cloth upon which an image of the face of Jesus had been miraculously imprinted. It is considered as the first icon in the Orthodox Churches

Main Building – Church Dome



Main Building – Bell Tower



Main Building – Bell Tower



Bell ropes

Operated manually from inside the building



Carmelite Coat of Arms
1936



Front view

Cloister – Courtyard



Cloister – Courtyard

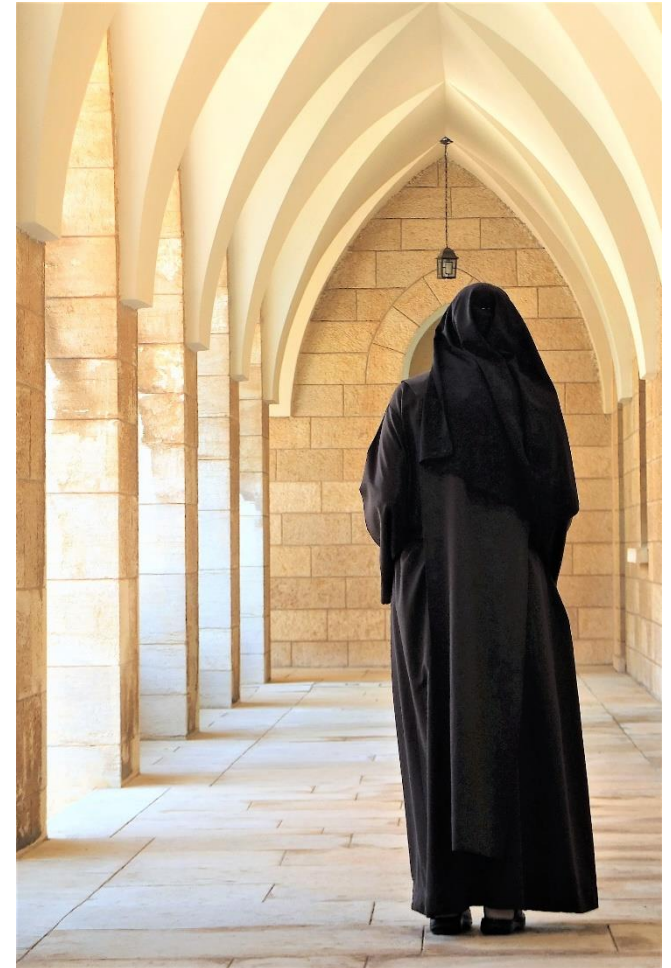


Mary
Holding Child Jesus

Cloister – Arcade



Nuns in solemn apparel

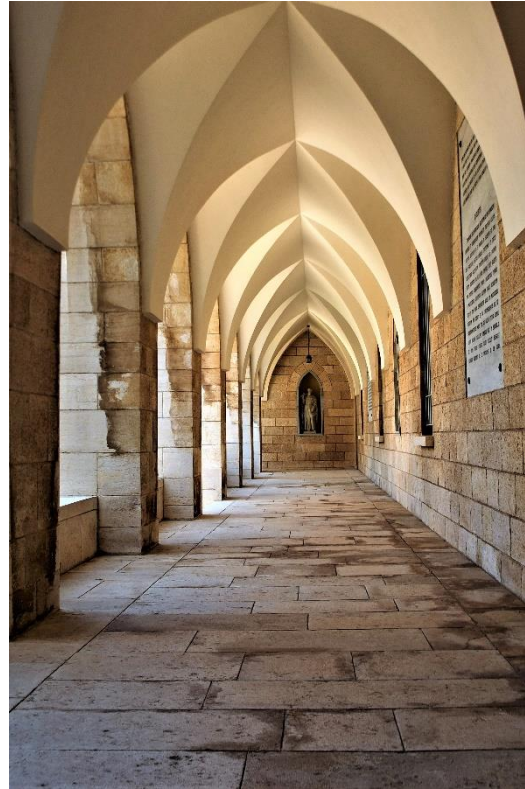


Nun in daily apparel

Cloister – Arcade



Decorated bells



F. Causaro
Colmar
France

Cloister – Arcade, Saints

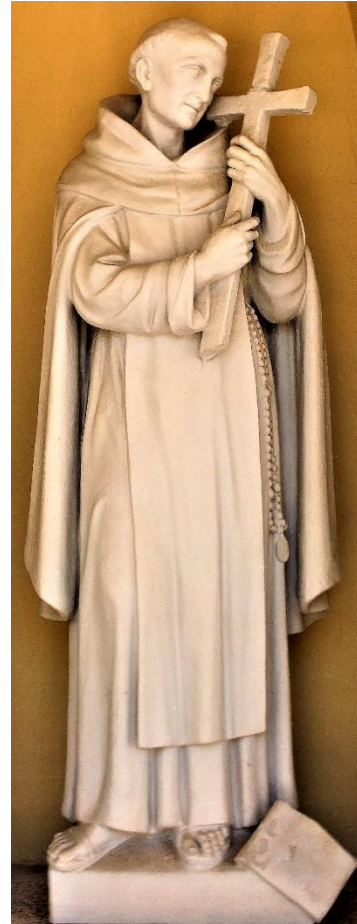


Joseph
Holding Child Jesus



Elijah

*I have
been very
Zealous
(I Kings 19, 10)*



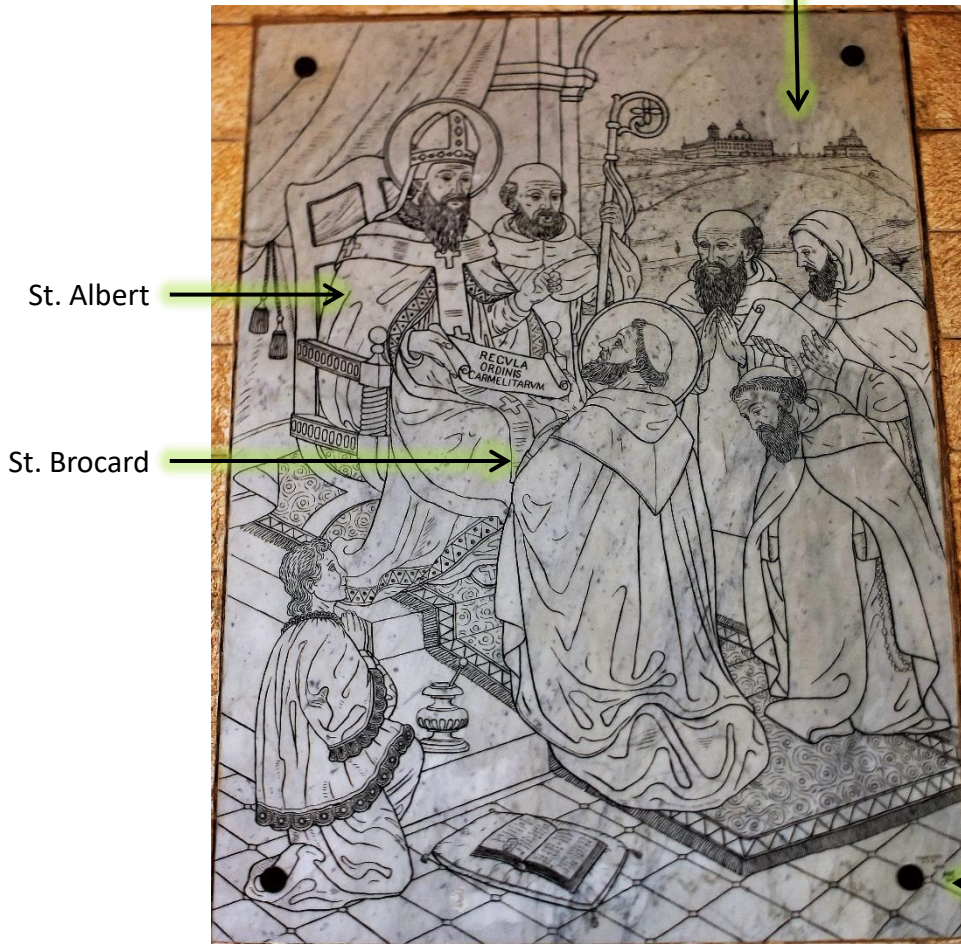
St. John of the Cross



St. Teresa of Ávila
(AKA Teresa of Jesus)

Cloister – Arcade, Carmelite Rule

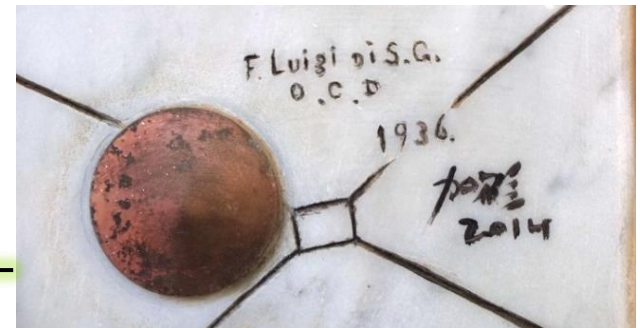
Stella Maris



St. Albert Avogadro, Patriarch of Jerusalem, gives St. Brocard the Carmelite Rule in 1207

Carmelite Rule

St. Albert, Patriarch of Jerusalem, was asked by the Brothers of the Most Blessed Virgin of Mount Carmel to write them a Rule. The Rule was given in 1207 to St. Brocard, approved in 1226 by Pope Honorius III in the *Ut vivendi normam* bull and modified in 1247 by Pope Innocent IV, in the *Quae Honorem* decree. Over the years, the rule was edited in various number of chapters, especially when translated into other languages. The chapters on the marble plaques are according to the old Latin version



Fr. Luigi of St. Joseph
Order Carmelite Discalced, 1936
Artist's signature*

* Luigi of St. Joseph (AKA Manwel Poggi), a Maltese Carmelite friar-artist, also decorated the Stella Maris church in Haifa and the St. Stephen church in Beit Jimal

Cloister – Arcade, Carmelite Rule*

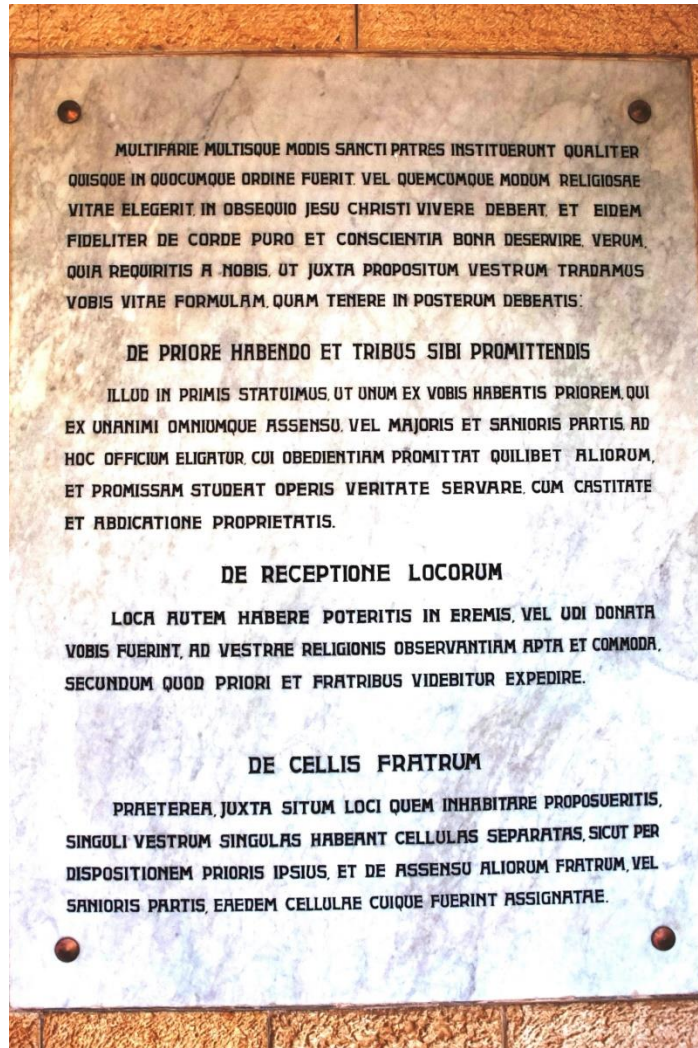
* Text in Latin



Carmelite Rule – Marble plaque 1

Albert, called by the grace of God to be Patriarch of the Church of Jerusalem, greets his beloved sons in Christ, **Brocard** and the other hermits living in obedience to him near the spring on Mount Carmel: salvation in the LORD and the blessing of the Holy Spirit.

Cloister – Arcade, Carmelite Rule



Carmelite Rule – Marble plaque 2

Many times and in different ways the holy Fathers have laid down that everyone, whatever be their state in life or the religious life chosen by them, should live in allegiance to Jesus Christ and serve him zealously with a pure heart and a good conscience. Now then you have come to me seeking a formula of life according to your purpose, which you are to observe in the future.

About having a prior

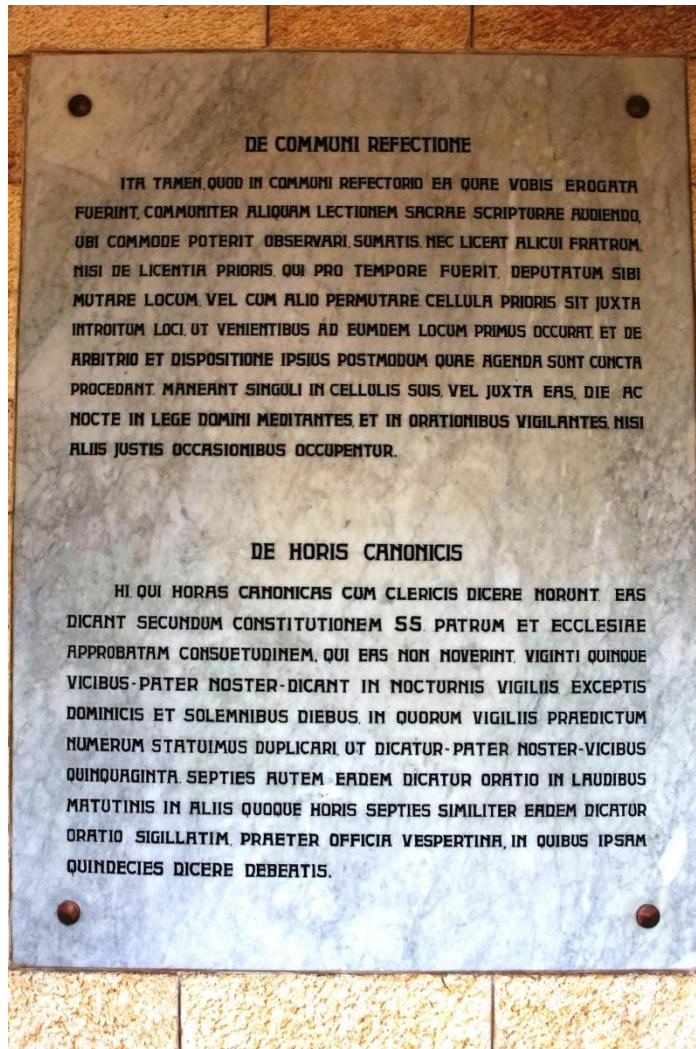
The first thing I lay down is that you shall have a prior, one of yourselves, chosen by the unanimous consent of all, or of the greater and more mature part. All the others shall promise him obedience fulfilling it by deeds, as well as chastity and the renunciation of property.

About choosing a place

You can take up places in solitary areas or in sites given to you, one suitable and convenient for your observance in the judgement of the prior and the brothers.

About brethren cells

Moreover, taking account of the site you propose to occupy, all of you are to have separate cells; these are to be assigned by the prior himself with the agreement of the other brothers or the more mature of them.



Carmelite Rule – Marble plaque 3

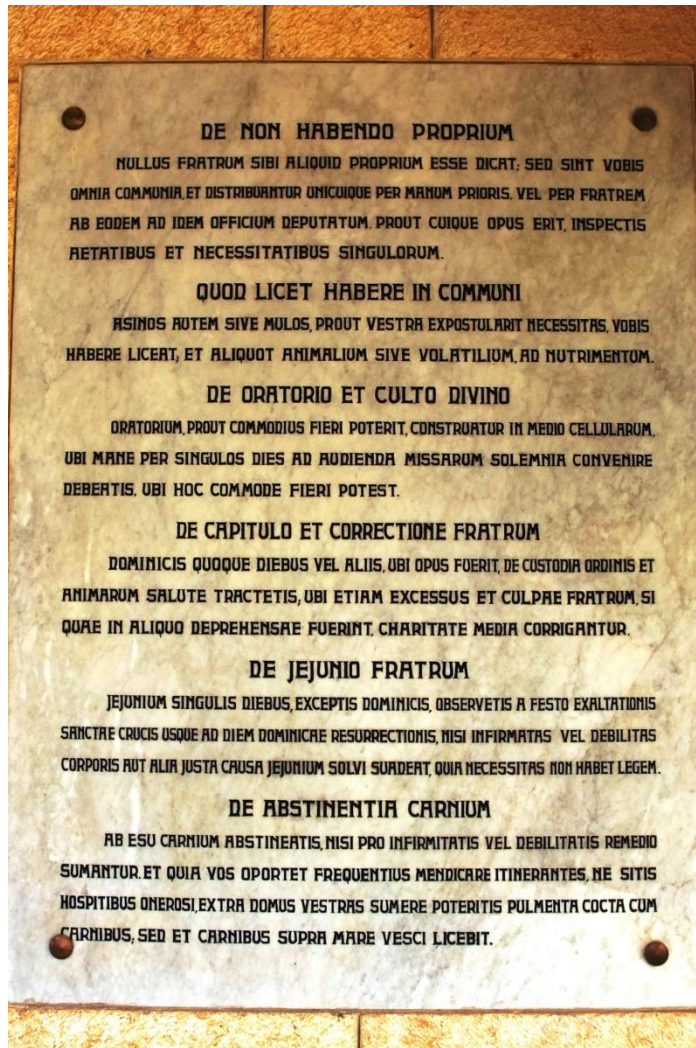
About common refectory

You are, however, to eat in a common refectory what may have been given to you, listening together to a reading from Holy Scripture, if this can conveniently be done. No brother is permitted to change the place assigned to him or exchange with another, unless with the permission of the prior at the time. The prior's cell shall be near the entrance to the place so that he may first meet those who come to the place and everything afterwards may be done as he wills and decides. All are to remain in their cells or near them, meditating day and night on the law of the LORD and being vigilant in prayers, unless otherwise lawfully occupied.

About canonical hours

Those who have learned to say the canonical hours with the clerics should do so according to the practice of the holy Fathers and the approved custom of the Church. Those who do not know the hours are to say the *Our Father* twenty-five times for the night office—except for Sunday and solemn feasts when this number is doubled, so that the *Our Father* is said fifty times. It is to said seven times for the morning Lauds and for the other Hours, except for Vespers when it must be said fifteen times.

Cloister – Arcade, Carmelite Rule



Carmelite Rule – Marble plaque 4

About not having individual assets

None of the brothers is to claim something as his own; everything is to be in common and is to be distributed to each one by the Prior. that is, the brother deputed by him to this office, having regard to the age and needs of each one.

Having common animals

You may have asses or mules according to your needs and some provision of animals or poultry.

About Divine liturgy

An oratory is to be built as conveniently as possible in the midst of the cells; you are to gather daily in the morning for Mass, where this is convenient.

About brethren meetings and correction

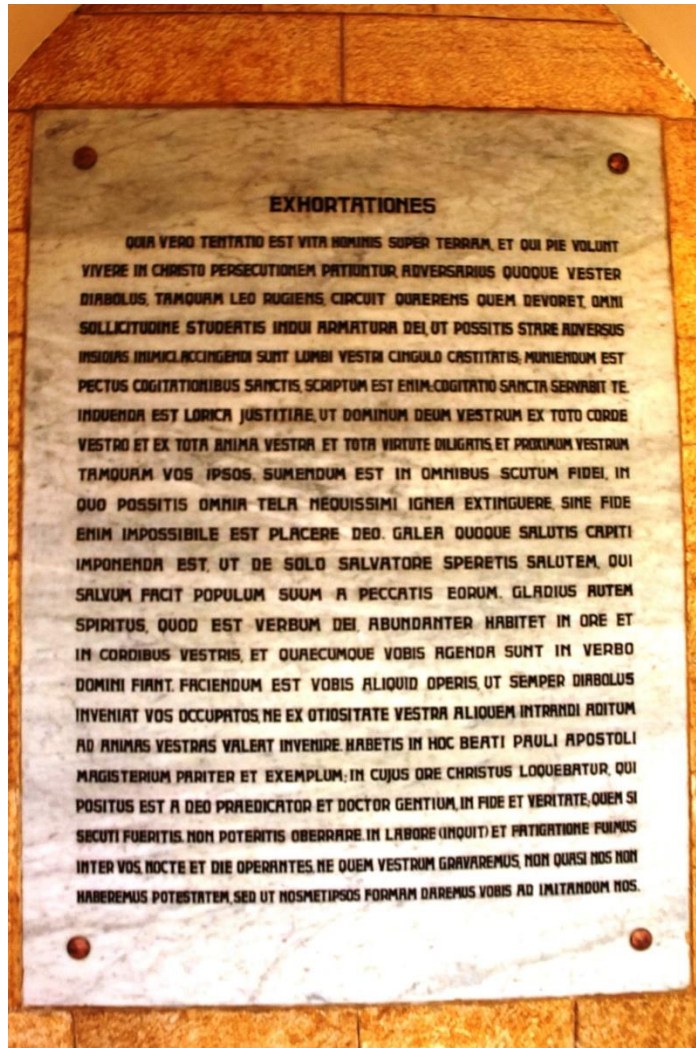
On Sundays, or other days if necessary, you shall discuss the welfare of the group and the salvation of souls; at this time excesses and faults of the brothers, if such come to light, are to be corrected in the middle way of charity.

About brethren fasting

You are to fast every day except Sundays from the feast of the Exaltation of the Cross until Easter Sunday, unless illness or bodily weakness, or other just cause counsels a lifting of the fast, since necessity has no law.

About abstaining from meat

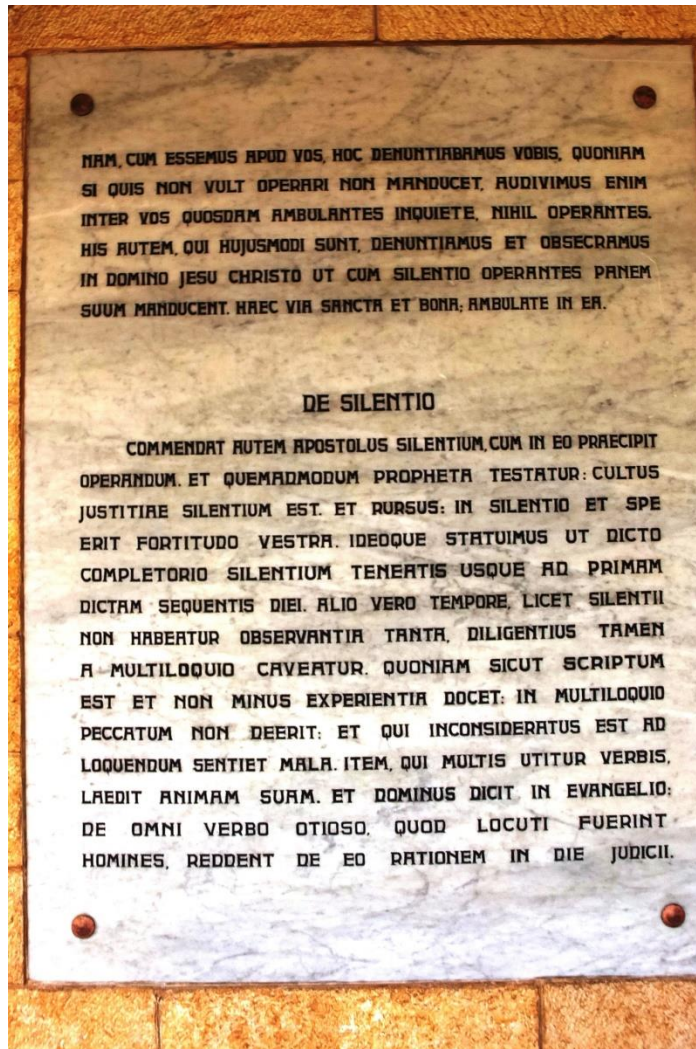
You are to abstain from meat, unless it is to be taken as a remedy for illness or bodily weakness. Since you must more frequently beg on journeys, in order not to burden your hosts you may eat food cooked with meat outside your own houses. At sea, however, meat may be eaten.



Carmelite Rule – Marble plaque 5

Encouragement

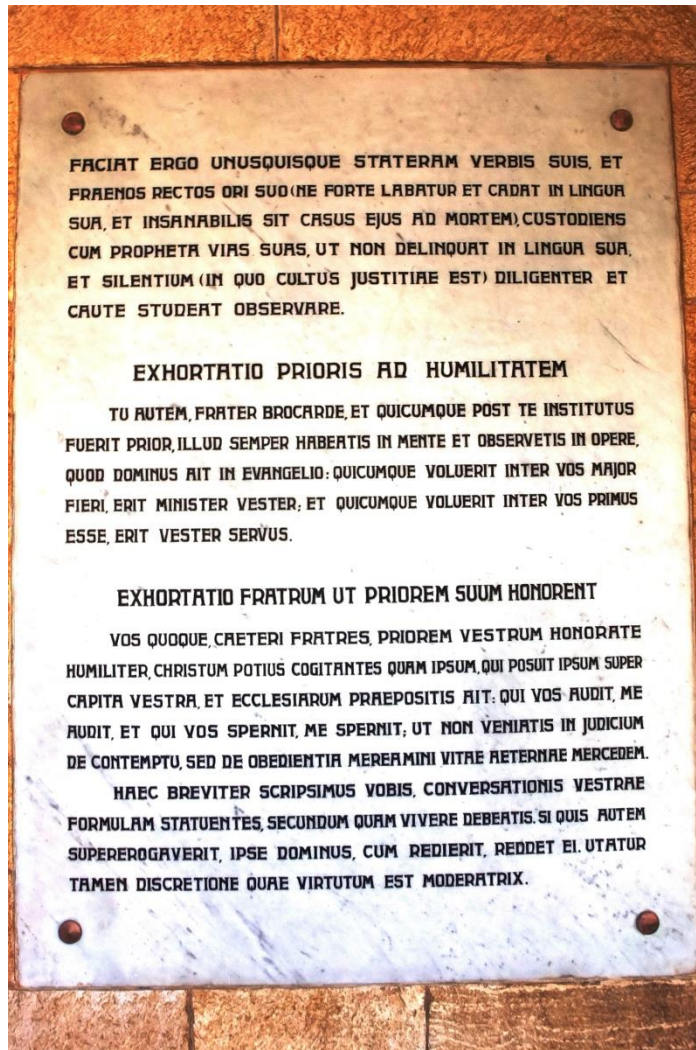
Since human life on earth is a trial and all who want to live devotedly in Christ suffer persecution; your enemy the devil prowls about like a roaring lion seeking whom he might devour. You must then with all diligence put on the armor of God so that you may be able to stand up to the ambushes of the enemy. Your loins are to be girded with the belt of chastity; your breast is to be protected by holy thoughts, for the Scripture says, holy thoughts will save you. Put on the breastplate of justice, so that you may love the LORD your God from your whole heart, your whole soul and your whole strength, and your neighbor as yourselves. In all things take up the shield of faith, with which you will be able to extinguish all the darts of the evil one; without faith, indeed, it is impossible to please God. The helmet of salvation is to be placed on your head, so that you may hope for salvation from the one Savior, who saves his people from their sins. The sword of the Spirit, which is the word of God, is to dwell abundantly in your mouths and hearts. So whatever you have to do is to be done in the word of the LORD. You should do some work, so that the devil will always find you occupied and he may not through your idleness find some entrance to your souls. In this matter you have both the teaching and the example of Blessed Paul the Apostle; Christ spoke through his mouth; he has been set up and given by God as a preacher and teacher of the nations in faith and truth; in following him you cannot go wrong. In work and weariness, he said, we have been with you, working day and night so as not to be a burden to you; it was not as though we had no right, but we wished to give ourselves as a model for imitation. For when we were with you, we gave this precept: whoever is unwilling to work shall not eat. We have heard that there are restless people going around who do nothing. We condemn such people and implore them in the LORD Jesus Christ that working in silence they should earn their bread. This is a good and holy way: follow it.



Carmelite Rule - Marble plaque 6

About silence

The apostle therefore recommends silence, when he tells us to work in it; the prophet too testifies that silence is the promotion of justice; and again, in silence and in hope will be your strength. Therefore we lay down that from the recitation of Compline you are to maintain silence until after Prime the following day. At other times, though silence is not to be so strictly observed, you are to be diligent in avoiding much talking, since scripture states and experience likewise teaches, sin is not absent where there is much talking; also he who is careless in speech will experience evil, and the one who uses many words harms his soul. Again the LORD says in the gospel: an account will have to be given on the day of judgement for every vain word. Each of you is to weigh his words and have a proper restraint for his mouth, so that he may not stumble and fall through speech and his fall be irreparable and fatal. He is with the prophet to guard his ways so that he does not offend through the tongue. Silence, which is the promotion of justice, is to be diligently and carefully observed.



Carmelite Rule – Marble plaque 7

FACIAT ERGO UNUSQUISQUE STATERAM VERBIS SUIS, ET
FRAENOS RECTOS ORI SUO (NE FORTE LABATUR ET CADAT IN LINGUA
SUA, ET INSANABILIS SIT CASUS EJUS AD MORTEM), CUSTODIENS
CUM PROPHETA VIAS SUAS, UT NON DELINQUAT IN LINGUA SUA,
ET SILENTIUM (IN QUO CULTUS JUSTITIAE EST) DILIGENTER ET
CAUTE STUDEAT OBSERVARE.

EXHORTATIO PRIORIS AD HUMILITATEM

TU AUTEM, FRATER BROCARDE, ET QUICUMQUE POST TE INSTITUTUS
FUERIT PRIOR, ILLUD SEMPER HABEATIS IN MENTE ET OBSERVETIS IN OPERE,
QUOD DOMINUS AIT IN EVANGELIO: QUICUMQUE VOLUERIT INTER VOS MAJOR
FIERI, ERIT MINISTER VESTER; ET QUICUMQUE VOLUERIT INTER VOS PRIMUS
ESSE, ERIT VESTER SERVUS.

EXHORTATIO FRATRUM UT PRIOREM SUUM HONORENT

VOS QUOQUE, CAETERI FRATRES, PRIOREM VESTRUM HONORATE
HUMILITER, CHRISTUM POTIUS COGITANTES QUAM IPSUM, QUI POSUIT IPSUM SUPER
CAPITA VESTRA, ET ECCLESIAARUM PRAEPOSITIS AIT: QUI VOS AUDIT, ME
AUDIT, ET QUI VOS SPERNIT, ME SPERNIT, UT NON VENIATIS IN IUDICIUM
DE CONTEMPTU, SED DE OBEDIENTIA MERERAMINI VITAE AETERNAE MERCEDEM.

HAEC BREVITER SCRIPSIMUS VOBIS, CONVERSATIONIS VESTRAE
FORMULAM STATUENTES, SECUNDUM QUAM VIVERE DEBEATIS. SI QUIS AUTEM
SUPEREROGAVERIT, IPSE DOMINUS, CUM REDIERIT, REDDET EI. UTATUR
TAMEN DISCRETIONE QUAE VIRTUTUM EST MODERATRIX.

Encouraging the prior to be humble

You, Brother **Brocard**, and whoever is appointed Prior after you, shall always keep in mind and practice what the LORD said in the Gospel: Whoever wishes to be greater among you shall be your servant, and whoever wishes to be first must be your slave.

Encouraging the brethren to honor the prior

And you too, the other brothers are humbly to honor your prior, and rather than thinking about him, you are to look to Christ who set him as head over you; he said to the leaders of the Church, whoever hears you hears me, and whoever despises you despises me. Thus you will not be judged guilty of contempt, but through obedience you will merit the reward of eternal life. I have written these things briefly to you establishing a way of life for you, according to which you are to conduct yourselves. If anyone does more the LORD himself when he comes again will repay him. You are, however, to use discretion, which is the moderator of virtue.

Garden – Southern Wing



Our Lady of Lourdes

Garden – Southern Wing



Our Only Hope
(From a Catholic motto)



Olive tree

Garden – Eastern Wing



Water Well



LORD, give me this water (John 4, 15)
5th Centenary of the birth
of St. Teresa of Jesus
28-03-2015



St. Teresa of Ávila
(AKA Teresa of Jesus)

Garden – Northern Wing

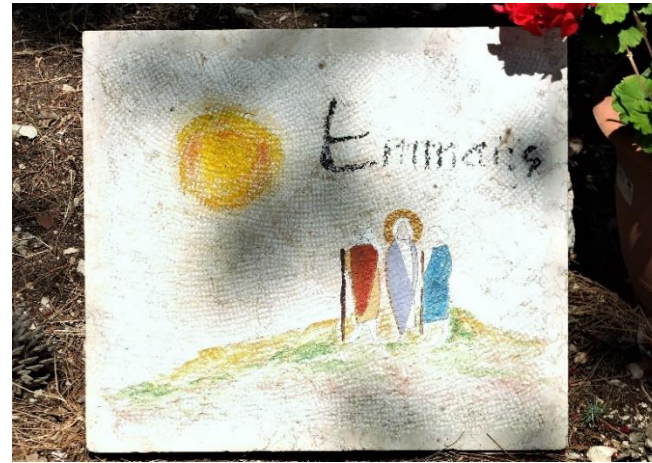


Garden – Northern Wing



Scapular →

Mary
Holding Child Jesus



Emmaus

...two of them were going to a village called Emmaus...While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him (Luke 24, 13-16)



Way of the Cross
6th Station

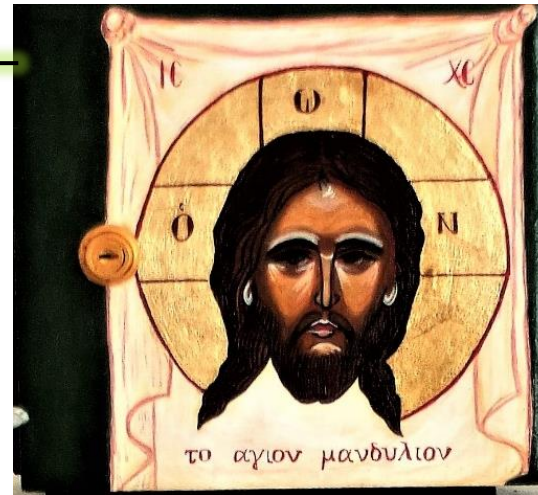
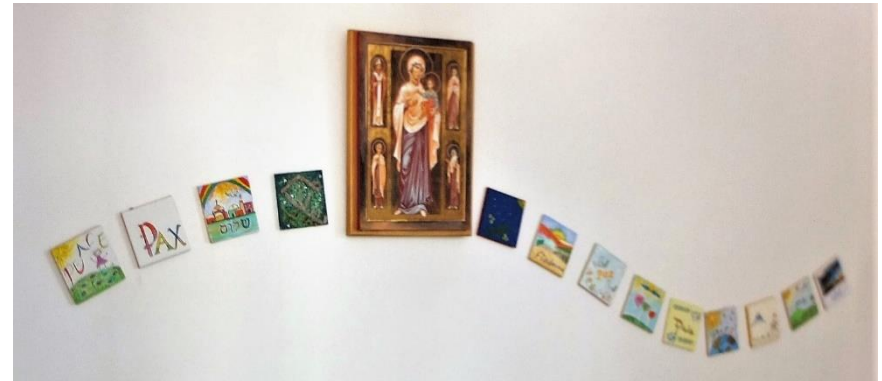
Garden – Contemplation Room



The Good Shepherd



Garden – Contemplation Room



Tabernacle
Decorated with The Holy Mandylion*



Stoup

Garden – Contemplation Room

St. Albert Avogadro
Patriarch of Jerusalem
Holding the Crosier



St. Teresa of Ávila
(AKA Teresa of Jesus)



B. Titus Brandsma
Dutch Carmelite



St. Mary Magdalene de` Pazzi



Mary
Holding Child Jesus

Garden – Contemplation Room



St. Albert Avogadro
Patriarch of Jerusalem
Holding the Crozier



B. Titus Brandsma
Dutch Carmelite



St. Mary Magdalene de` Pazzi



St. Teresa of Ávila
(AKA Teresa of Jesus)

Garden – Western Wing



Garden – Western Wing



Doorbell

St. Teresa
of Ávila



The Way of Perfection

Guidance book for Contemplative Life by St. Teresa of Ávila



ABBA
Father

Garden – Western Wing



St. Mariam
Baouardy

St. John of
the Cross



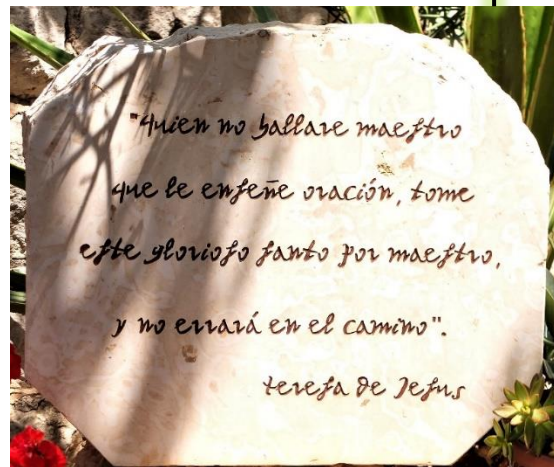
*My beloved has gone down to his garden
...to gather lilies (Song of Songs 6, 2)*

**Only the Honor and Glory of God
Dwells on this mountain**
(From *Ascent of Mount Carmel* by St. John of the Cross)

Garden – Western Wing



Joseph
Holding Child Jesus



*"Quien no hallare maestro
que le enseñe oración, tome
este glorioso santo por maestro,
y no errará en el camino".
Teresa de Jesús*

**Whoever does not find a teacher
to teach him to pray,
Take this glorious Saint as a teacher
and never lose the way.**
(From the Autobiography of St. Teresa of Ávila)

From the Archives

Painting*

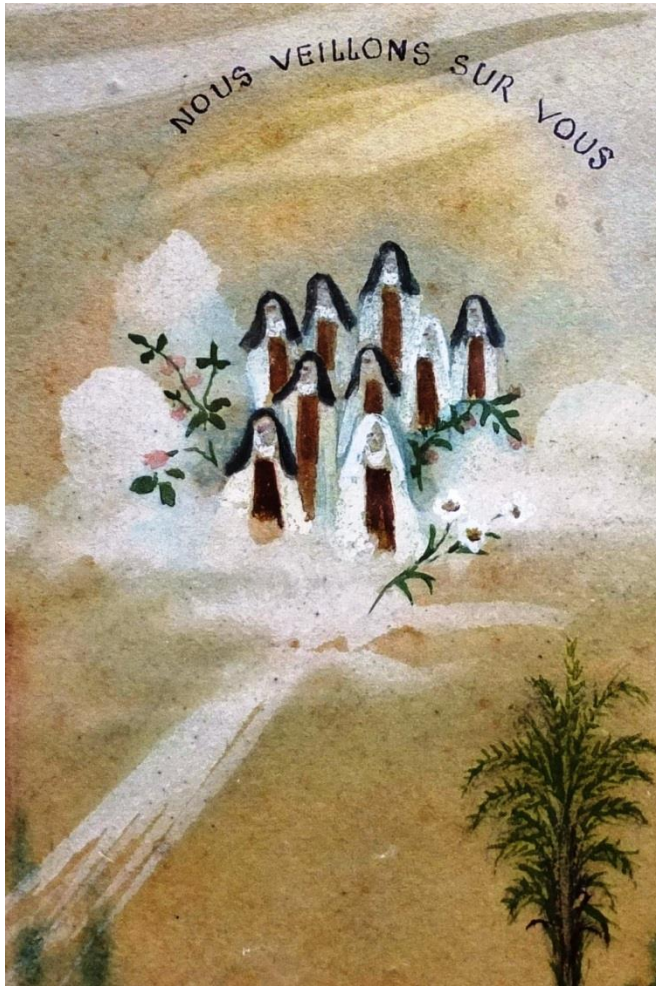
* Painter unknown



Carmelite nuns, led by the Prior Mother Joan of the Cross, in a procession from the old Zaoura Monastery in Bat-Galim to the new monastery on December 15th 1936

Painting*

* Painter unknown, text in French



We look after you



High and fast

Embroidered Vestment*

* Present from Spain



Front



Back

Embroidered Vestment – Decorations



Front



Back

Embroidered Vestment – Decorations

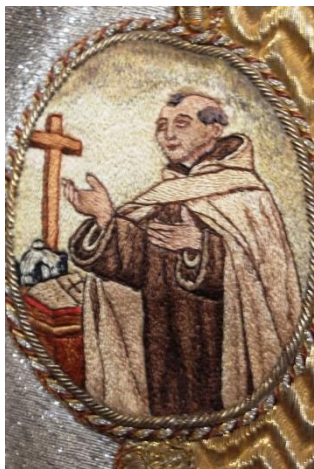


Crown



Carmelite Order Coat of Arms

Embroidered Vestment – Saints



St. John of the Cross



Elijah



St. Teresa of Ávila



Jesus and a Child



St. Angelus
(AKA Angelus of Jerusalem
or Angelus of Sicily)



Joseph and Jesus

Embroidered Vestment – Monasteries*

* Names of monasteries built in Spain by St. Teresa of Ávila



Ávila



Sevilla



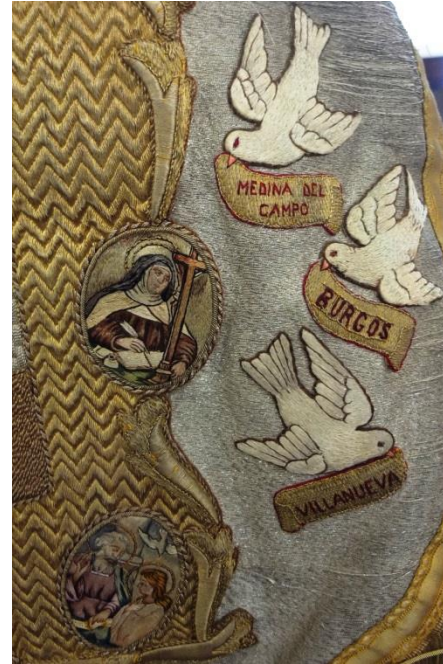
Segovia



Alba de Tormes



Caravaca, Soria, Toledo



Medina del Campo, Burgos, Villanueva

Embroidered Prayer Book's Cushion



Malagon

Monastery built in 1568 by St. Teresa of Ávila

Liturgical Accessories



Iesus Hominum Salvator
Jesus Savior of Men



Paten

Liturgical Accessories



Embroidered Chalice Pall



Chalice
Made of Olivewood

Monstrance*

* AKA Ostensorium



Rear side - Glass door



Front side



Decorated Cross

Nuns in the Convent*

* The nuns, dedicating their life to prayer and contemplation, have very little interaction with the world outside the convent

Carmelite Sisters Haifa - Israel Timetable		Sœurs Carmélites Haïfa - Israël Horaire		Monache Carmelitane Haifa - Israele Orario
6.00am Mental prayer		6h00 Oraison		6,00 Orazione
7.00am Lauds		7h00 Laudes		7,00 Lodi
7.30am Mass (Sunday at 8.00am)		7h30 Messe (Dimanche à 8h00)		7,30 Messa (Domenica alle 8)
Terce		Tierce		Terza
Breakfast		Petit déjeuner		Colazione
Work		Travail		Lavoro
11.15am Sext (Sunday at 11.30am)		11h15 Sexte (Dimanche à 11h30)		11,15 Sesta (Domenica alle 11,30)
Examination of conscience		Examen de conscience		Esame di coscienza
Lunch - Recreation		Déjeuner - Récréation		Pranzo - Ricreazione
1.15pm None		1h15 None		13,15 Nona
Free time		Temps libre		Tempo libero
2.30pm Spiritual reading		2h30 Lecture Spirituelle		14,30 Lettura spirituale
3.30pm Work		3h30 Travail		15, 30 Lavoro
5.00pm Vespers		5h00 Vêpres		17,00 Vespri
Mental prayer		Oraison		Orazione
6.30 pm Dinner - Recreation		6h30 Souper - Récréation		18,30 Cena - Ricreazione
8.15 pm Compline		8h15 Complies		20,15 Compieta
Office of readings		Office des lectures		Ufficio delle Letture
10.00pm Retire		10h00 Repos		22,00 Riposo

Carmelus totus marianus

Daily schedule

Nuns in the Convent



Moment of Contemplation



Rosary

Nuns in the Convent



Receiving the Sacramental Bread



Preparing the incense

Nuns in the Convent



Family picture in 2015*

Nuns in the Convent



Cheering to the 2020 Our Lady of Mount Carmel procession*